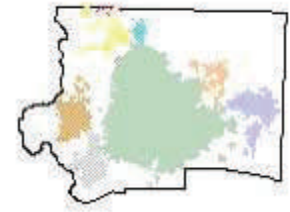




March/April 2008



Cloverline



Congratulations to ALL of our award winners from Achievement Night. We had a great turn-out and hope to be able to celebrate even more accomplishments at next year's event so begin working on those presentations and project record books now!

Making the best better,

April Bowman

Amanda Cochran

Donald Mebane



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North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, or disability. In addition, the two Universities welcome all persons without regard to sexual orientation. North Carolina State University, North Carolina A&T State University, U.S. Department of Agriculture, and local governments cooperating.

- The Dixie Classic Fair is looking for **recipes** for their 2nd Cookbook. Categories include: Appetizers & Beverages, Vegetable & Side Dishes, Main Dishes, Cookies & Candy, Soups & Salads, Breads & Rolls, Desserts, This & That. You may only submit 5 recipes. Please contact the fair office at 727-2236 or at <http://dcfair.com> for more information.
- Don't forget to sell some plants! **4-H Plant Sale** orders are due March 10th. This money supports our 4-H scholarship dollars program, as well as helps to purchase awards and supplies for meetings. The high selling 4-H'er and the high selling club (dollar value) will earn fifty 4-H scholarship dollars. Brochures are on-line at <http://www.forsyth.cc>.
- Visit the **NEW NC 4-H website** at <http://www.nc4h.org>.
- 4-H has many "**speciality**" **camps** that are subject-matter focused. Visit http://www.nc4h.org/centers/marketing/specialty_flyer.pdf for more information.
- The **NEW 4-H Project Record Forms** and the 2008 Awards Handbook are on-line at http://www.forsyth.cc/CES/fourH_forms.aspx.

Achievement Night Award Winners

Congratulations to the following award winners from our 2007 4-H Achievement Night. There is a new Achievement Plan for 2008. It can be downloaded at http://www.forsyth.cc/CES/fourH_forms.aspx.

Bronze Achievement Medal

Nathan Barrick
Seth Barrick
Josh Nzewi
Kenna Nzewi
Bryan Richardson



Green Achievement Medal

Samuel Barrick
Jessica Goodard
Lindsey Hooker
Laura Hutchins
Kabe McCallister
April Mendenhall
Brandon Phagan
Brian Phagan
David Allen Pledger
Allison Wise



Overall County Project Record Winners

Nathan Barrick (2)
Samuel Barrick (2)
Seth Barrick (2)
Adam Crawford
Tiffany Deluca
Laura Hutchins
Allison Wise (2)
Kabe McCallister (2)
Josh Nzewi (2)
Kenna Nzewi (2)
Brandon Phagan
David Allen Pledger (2)
Bryan Richardson
Wesley Richardson



Overall Cumulative Record Winners

Meghan Crawford
Jessica Goodard (2)

Benefits of 4-H

Several recent national studies affirm the 4-H benefit:

- 4-H members are 50% less likely than non 4-H members to smoke cigarettes, shoplift, or use illegal drugs.
- 4-H members are 20% more likely to hold a leadership position in their school or community than non 4-H members.
- 4-H members are 24% more likely to get involved in projects that "help others" than are non 4-H members.
- 4-H members are 65% more likely than non 4-H members to have held conversations with an adult other than a parent that lasted 10 minutes or more within the past month.
- 40% of 4-H alumni have completed a university degree, compared to 28% nationwide.

Jr. Meat Goat Show

There will be a **Meat Goat Show** for youth in King, at the Stokes County American Legion on Saturday, May 17th. There is a \$3 entry fee for entries received by May 9th (\$5 after the 9th). Kiki, Pygmy, Myotonic (fainting), Spanish or Boer goats will be accepted. All animals must be at least 50% meat goat type. Classes are available for breeding females and market animals only. No intact bucks will be shown. Prizes will be awarded to all participants but no awards for placings. For more information contact Amy Thomas, at 593-8179, 703-2850 or at amy_thomas@ncsu.edu or contact April Bowman, Forsyth County 4-H Agent for entry forms.



There will also be a **Jr. Market Goat show** at the Dixie Classic Fair on Friday and Saturday, Oct. 3rd & 4th so mark your calendars.

Northwest Jr. Livestock Show

There will be a **Jr. Livestock Show** on June 17th at the Dixie Classic Fairgrounds. Youth may exhibit steers, goats and hogs. Contact Shera Holder at 336-401-3183 or Mark Bray 276-952-5630 for more information.



Poultry (Chicken & Turkey) Events



Would you like to show turkeys at the NC State Fair? **FREE turkey poult**s will be available at NCSU on June 4 & 5th.

There will be a **Poultry Science Summer Institute** August 3-7th. Applications are due April 15th.

Do a **poultry poster** and win scholarship dollars. Posters are due July 18th.

Visit <http://www.ces.ncsu.edu/depts/poulsci/4h> for more information about all of the above contests.

Presentation Workshop Registration

Please cut-out and mail to Forsyth County 4-H, NC Cooperative Extension, 1450 Fairchild Road, Winston-Salem, NC 27105 or e-mail the information to 4H@forsyth.cc.

Name: _____

Age (as of Jan. 1st): _____

Possible Presentation Topic: _____

Have you done a 4-H Presentation or speech before? Yes No

Have you done a non-4-H Presentation or speech before? Yes No

Resources for Parents

There is a neat website for parents to learn more about media including social networks like myspace and video games at: <http://www.mediafamily.org/resources.shtml>.

NC Cooperative Extension has parenting resources at <http://www.ces.ncsu.edu/Publications/homefamily.php>.

Trailblazer Teens

The 2008 Trailblazer Teen Club Officers are as follows:

President: Bryan Richardson
Vice-President: Kabe McCallister
Secretary: Nathan Barrick
Treasurer: Tiffany Deluca
Reporter: Jessica Goodard

4-H Plant and Soils

Would you like to learn how to identify plants? Then **4-H Horticulture Judging** might be for you. On Saturday, April 12th there will be an opportunity for volunteers and youth to split into small groups and rotate through the stations that would make-up the 4-H Horticulture Judging competition in July. The training will be from 10 AM until 3 PM at the Forsyth County Extension Office. The cost is \$5 per person and includes lunch and hand-outs. You do not have to participate in the competition if you come practice: just come learn more. Visit <http://www.ces.ncsu.edu/4hplantandsoils/hortcontest.html> for more information.



Back Of Presentation Workshop Registration

BACK

Project Learning Tree Volunteer Training

Are you, your children or your 4-H members interested in learning about trees, forests, ecosystems, etc.?



Consider attending a Project Learning Tree workshop. The curriculum is designed for youth from pre-K to 12th grade and used the forest and trees as “windows” into natural and built environments, helping people gain an awareness and knowledge of the world around them and their place within it. The best part is that it’s interdisciplinary and hands-on! Visit www.ces.ncsu.edu/plt for more information.

April 4 & 12, 2008

9am - 4pm & 9am - 1pm

PreK-12 Workshop

Sci-Works Science Center

Winston-Salem, NC

To Register: Kelli Isenhour

kisenhour@sciworks.org

336-714-7106

This first day will cover the PreK-8 Activity Guide and some of the secondary module, Forest Ecology. The second day will focus native plants and invasive species, and activities from the guides that address this issue. Other discussions include grant programs like the Urban and Community Forestry Grant and PLT *GreenWorks!* grants. You can attend only the first day or both days. RSVP directly to Sciworks.

May 13, 2008

9:30am - 4pm

PreK-8 Workshop

Pilot Mountain State Park

Pinnacle, NC

To Register: Janet Pearson

janet.pearson@ncmail.net

336-325-2355

Participants will need to complete a simple "homework" assignment to receive 1.0 CEU credits and/or to meet EE Certification requirements. RSVP to Janet to register.

Volunteer Science Training

There will be a hands-on science and technology workshop at Betsy-Jeff Penn 4-H Center, April 14-16th. Registration is due by March 20th to receive the discounted price of \$135. This includes two nights lodging, five meals, training on over six science topics and receive GREAT door prizes (GPS units, compasses, water kits, butterfly kits, etc.). Visit <http://bjpenn4h.org/TeacherTrain.htm>

to download a registration form. If you can't attend, then tell a friend, tell a teacher or after-school care provider. Pass the word. Workshops will cover GPS, geocaching, bottle-rocketry and so much more!



4-H: Come. See. Express.

Below are some upcoming dates. Contact us for more information on any of these events.

<http://www.forsyth.cc/CES> 4H@forsyth.cc 703-2850

March 3	Registration Deadline Shooting Sports Adult Volunteer Training, Millstone 4-H Center
March 4	4-H Nutrition Fair (ages 5-18; more information to come soon), 5:30 PM set-up
March 8	State 4-H Horse Bowl, A & T State University
March 10	4-H Plant Sale Orders Due
March 12	Register for Presentation Workshops
March 15-16	Teen Retreat, Betsy-Jeff Penn 4-H Center, Reidsville
March 21	Holiday
March 25-27	State 4-H Cumulative Project Record Judging, Raleigh
March 27-29	4-H Plant Sale Pick-up, Forsyth CES
March 28-30	State 4-H Project Record Judging, Raleigh
March 31	Registration Deadline for Wildlife and Habitat Evaluation Program State Contest (April 19) - http://www.ces.ncsu.edu/nreos/forest/
April 1	Chef & the Child Reunion, Lowes Foods, Robinhood Road
April 1, 15 and 29 th	Presentation Workshops, Forsyth CES, 6:30 PM
April 4-6	NW 4-H Horse Retreat, Millstone 4-H Center, Ellerbee
April 7	Registration Deadline for 4-H Electric Congress (July 14-16), http://www.bae.ncsu.edu/programs/extension/4-h/
April 8	County Council, 4:00 PM, Forsyth CES
April 12-13	Shooting Sports Volunteer Training, Millstone 4-H Center
April 14-16	Discover and Explore Science Volunteer Training, http://bjpenn4h.org
April 19	State 4-H Horse Judging & Hippology, Millbrook High School
April 22	NC 4-H Gala (Raleigh)
April 24	NC 4-H Equine Artistic Expression Contest Entries Due http://www.cals.ncsu.edu/an_sci/extension/horse/4h_Horse/4hmain.htm
April 29	Volunteer Recognition Banquet, 12:00pm, @ Forsyth County Cooperative Ext. Center
May 3	NW 4-H Horse Show, Hardin's Farm
May 9	Entries due for Jr. Meat Goat Show, King, NC
May 13	Presentation & Public Speaking Competition, Forsyth CES State 4-H Horse Show entries due
May 17	Jr. Meat Goat Show, Stokes County Fairgrounds, King
June 4 & 5	Pick-up Turkey Poults at NCSU
June 17	Northwest Jr. Livestock Show, Dixie Classic Fairground

