

# Cloverline

## Spring 2011

**Forsyth County 4-H**  
**1450 Fairchild Drive**  
**Winston-Salem, NC 27105**  
**336-703-2850**

<http://www.forsyth.cc/CES/4-H/4H@forsyth.cc>

### Inside THIS Issue

Plant Sale	2
Tractor Supply	2
C.I.A.	2
Photo Contest	2
Talent Show Entries	3
Summer Calendar	3
Winterfest	3
Achievement Night Review	4
Leader Trainings	5
International Exchange	5
Calendar of Events	6
Livestock Judging Winners	6
Shooting Instructor Cert.	6
Nutrition Fair & Share Fair	6

### New Clubs!!!



We have several new 4-H clubs that are forming. A rabbit club is being formed at Miller Park Community Center in Winston-Salem for youth ages 8-18. They meet every other Wednesday at 1 PM. Please contact Christi Eley at 766-1444 or at [angelbearyoga@bellsouth.net](mailto:angelbearyoga@bellsouth.net) for more information.

A new home-school 4-H Science club is forming at First Baptist Rural Hall for youth ages 8-12. They will meet the 2nd Tuesday of the month at 2 PM.

A new club is also forming at Clodbuster Farms in Kernersville.

For more information about these clubs or how you can start a club of your own, contact the 4-H office at 703-2850 or at [4H@forsyth.cc](mailto:4H@forsyth.cc) or visit us on-line at <http://forsyth.cc/CES/4-H/>.

Making the best better,

*April W. Bowman*

April Bowman

*Donald Mebane*

Donald Mebane

The 2011 State 4-H Theme is: Hungry to Help. This will be the theme for the Dixie Classic Fair booth.

**DIXIE  
 CLASSIC  
 FAIR**



Want to spend a week riding horses, canoeing, hiking, doing archery and arts and crafts with other kids your age? 4-H Camp at Betsy-Jeff Penn is just the answer. Spots are only \$340 and includes meals, a t-shirt and snacks. Camp is July 3-8 for youth ages 8-16.



**NC** State University  
 A&T State University  
**COOPERATIVE  
 EXTENSION**

Empowering People • Providing Solutions

## 4-H PLANT SALE

Did you know that if you participate in a competitive 4-H event you receive scholarship dollars that can be used to register for 4-H events such as Teen Retreat, Summer Adventures or to be reimbursed for 4-H project expenses?

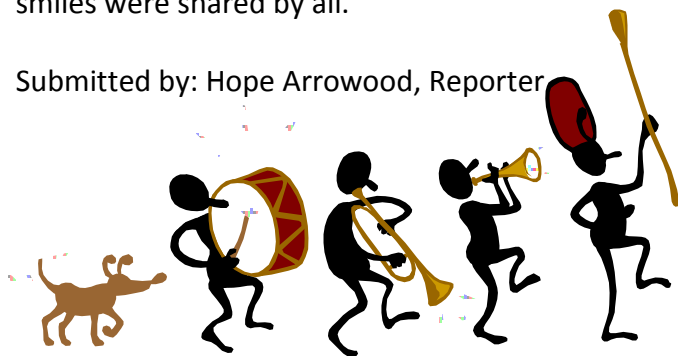


The ONLY way we raise the funds for this is through our 4-H plant sale. Please consider purchasing plants and asking a friend or neighbor if they would like to purchase some. Orders are due Friday, March 11th. Pick-up is March 24-25th at the extension center. You may download an order form at <http://forsyth.cc/ces/4-H/> or call the extension center at 703-2850 to have some mailed to you.

## Carolina Inspirational Artists

On December 2, 2010 the C.I.A. 4-H club of Forsyth County held its first meeting. The club name, C.I.A., stands for Carolina Inspirational Artists. The club's first activity was Christmas caroling at local rest homes. On Saturday, December 18, the club performed for the residents at Silas Creek Manor, Homestead Hills and the Danby House, all in Winston-Salem. We sang traditional carols, along with acoustic accompaniment, and even an accordion act. Many smiles were shared by all.

Submitted by: Hope Arrowood, Reporter



## Tractor Supply Company

Congratulations to the Tractor Supply Company in Rural Hall. They were the top selling store in our district for paper clovers during the fall campaign. We will be selling paper 4-H clovers again April 15-25th. 4-H members are needed to help sell the clovers at both the Rural Hall and Clemmons stores. Clubs are invited to do fundraisers at the store during these dates as well (snacks, hot dogs, etc.). Please contact the 4-H office if you are interested at [4H@forsyth.cc](mailto:4H@forsyth.cc) or at 703-2855.



## PHOTO CONTEST

Do you like to take pictures? The 4th Annual NC Operation Military Kids Visual Arts Contest is taking place now. The contest is open to youth in 5-8, 9-10, 11-12, 13-15, and 16-19 age categories. The categories are:

- Images of America
- All American Kids
- Flags Freedom and Families
- Honoring Those Who Serve



Contest rules and guidelines

can be found at <http://www.nc4h.org/military/index/html>. All photographs must have been taken between May 1, 2010 and the time of entry. Photos may be submitted only one time and in only one division and class. Entries are due to the Forsyth Extension Center by Wednesday, April 27th.

You may also submit pictures of beef cattle, as well as a poster related to beef before June 1st. Email [4H@forsyth.cc](mailto:4H@forsyth.cc) or call 703-2855 for details and themes.

# 4-H Talent Show

**Registration for the 4-H Talent Show** (due by 8 AM on Tuesday, April 19<sup>th</sup>)

**Event Date:** Tuesday, May 3<sup>rd</sup> at 6 PM

**Youth Name:**

**Age (as of 1/1/11):**

**Club Name:**

**Email:**

**Phone:**

**Performing Act Title(s) (up to two)**

(ex. Playing piano, singing, dancing, etc.)

- 1.
- 2.

**Non-Performing Act Title(s) (up to two)**

(ex. Something you sewed, drew, sculptured, etc.)

- 1.
- 2.

**Fashion Revue (an article of clothing or outfit to be worn and modeled)**

(ex. Shirt, blouse, skirt, pants, dress, etc.)

- 1.

**List Special Equipment Needed: (Piano, microphone, chair, c.d. player, etc.)**

Please visit <http://forsyth.cc/ces/4-H/> and click “**View Full Calendar**” on the top right to see dates for Summer Adventures programs. Registration will be coming out in late spring, but you can start saving the dates. We are also planning a FREE 4-H presentation and public speaking workshop series. This will be four weeks of classes for youth ages 5-18 (split up into different age groups) to learn how to do a 4-H presentation. Competition will then be held and the winner of the 9-18 year old categories will advance to district. If you are interested in learning better public speaking skills please email [4H@forsyth.cc](mailto:4H@forsyth.cc) or call 703-2855. Tell a friend!

We had sixteen youth from our county attend **WinterFest**. Three workshop sessions were offered. One of the favorite workshops was the Public Speaking / Debate workshop. In this workshop, participants learned the basics of debating. They also had the chance to debate among themselves. Debating topics ranged from music to debating itself. Also, two health and nutrition workshops were offered as well as a workshop on leadership. After the workshops, everybody went bowling and had a great time.





“Welcome to 4-H Achievement Night. I hope you aren’t hungry anymore, but I still hope you are Hungry to Help.” These are the words Nathan Barrick, our 2010 President, used to open **Achievement Night**. Before the introduction, everyone had a chance to enjoy a salad and bread sticks provided by Olive Garden. The main dish consisted of a choice between chicken noodle soup and vegetable soup prepared by our very own horticulture agent, Craig Mauney.

After the meal and introduction, Chuck Harmon, the Salvage Operation Manager at the Second Harvest Food Bank, gave a speech to encourage 4-H’ers to be “Hungry to Help.”



For the first time in Forsyth County 4-H history, Seth Barrick and Nathan Barrick, two of our 4-H’ers, were awarded the Achievement Medal. Other medalists were: **GOLD:** Laura Hutchins, David Allen Pledger. **SILVER:** Hope Arrowood, BJ Hutchins, Brandon Joyce, Brandon Phagan, Brian Phagan, Allison Wise **BRONZE:** Melanie Crews, Hosanna Gourley, Josiah Gourley, Lindsey Hooker, Sidney Hooker, Justyn Joyce, Bailee Phagan, Grant Wise **GREEN:** Alex Arrowood, Reaiah Byers, Joseph Harker, Austyn Joyce, Isaiah Mitchell, Andrew Pledger, Styles Shippy, David Winemiller, Austin Wise. 5-8 Luke Arrowood, Stephen Pledger, Evan Crews, LilyRose Gourley, Brynna Phagan.



This year, the following high school seniors were recognized: Seth Barrick, Emily Booze, Kabe McCallister, and Faith Mitchell.

For the awards ceremony, we played a game called “The Best Game.” Before each round, all the participants were recognized for what they had accomplished in 4-H during the past year.

After the game, the 2011 officers were installed with a candle light ceremony. The County Council officers are: President, Nathan Barrick; Vice-President, Hosanna Gourley; Secretary, Laura Hutchins; Reporter, Brandon Joyce; Parliamentarian, Josiah Gourley; Chaplain, B.J. Hutchins; Pledge Leaders, Grant Wise and Bailee Phagan; Recreation Leader, Blaise Gourley Photographers, Judah Mitchell and Lindsey Hooker; Sentinel, Brian Phagan; Refreshment Coordinator, Allison Wise; Scribe, Seth Barrick; Gopher, Justyn Joyce. Also, those who participated in the Junior Master Gardener program “Nuts for Nutrition” were recognized.

Once again our Achievement Night was a great success and I hope to see you all at Teen Retreat in March!



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## LEADER TRAININGS!



Saturday, April 16  
9 a.m. - 12 p.m.  
Cost: Free  
Location: Rowan County Cooperative  
Extension Office

Schedule  
9 a.m. - 9:30 a.m. - Arrive/Registration/Refreshments  
9:30 a.m. - 9:45 a.m. - Welcome/Overview  
9:50 a.m. - 10:45 a.m. - Session #1 (Two concurrent  
workshops. We can offer 3 if numbers warrant a 3rd  
concurrent session and there is someone willing to  
teach a session-staff or volunteer).  
10:50 a.m. - 11:45 a.m. - Session #2  
11:45 a.m. - 12 p.m. - Wrap-up/Evaluations/Adjourn

### Registration Deadline: April 8

Volunteers can call Sara Drake at 704-216-8983 or email her at sara\_drake@ncsu.edu to register.

If you are interested in attending the trainings, please complete an online survey ( <http://www.surveymonkey.com/s/36BC6R8>). If you need a hard copy of this survey, contact Sara Drake. All surveys need to be completed by March 14, so we can select our workshops and start preparing the lessons.

## Operation: Military Kids; Hidden Heroes; Training

Date: Friday, May 6

Time: 10 a.m. - 4 p.m.

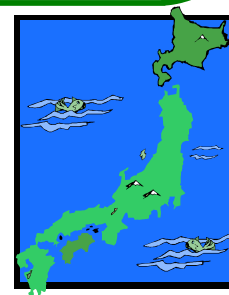
Where: Rowan County Cooperative Extension Office

In short, Hidden Heroes is a program to help teach our community how we can help the military families in our community. The intent of Hidden Heroes training is to increase ordinary citizens' understanding of the unique issues facing military youth and assist them in creating state and local Operation Military Kids support networks. As part of the training, you will receive a resource materials training toolkit designed to educate youth workers, educators, counselors, and other community service agencies on military culture, deployment cycle, fostering resilience in kids, influence of the media, and building community capacity.

Contact April Bowman at [4H@forsyth.cc](mailto:4H@forsyth.cc) or call her at 703-2855 to find out additional information.

## 4-H International Exchange Program

Want to learn more about Japanese culture? Consider hosting a Japanese Exchange student July 24-August 19th. This may be your last year to host a student through 4-H. We have at least one 4-H family in Forsyth County that is hosting a student, so it would be really fun if one or more of you hosted so you could do some things together with the exchange students.



You are not required to have an extra bedroom. You are just required to provide the student with his/her own bed. They just want to experience daily American family life and make new friends. This is a wonderful learning opportunity for your family.

Visit <http://www.ces.ncsu.edu/randolph/4hprogram/exchange/index.php> to learn more about the program, complete a host application and read the exchange students' bios. You will be able to choose a student that you think would fit well with your family.





# 4-H Coming Events



Below are some upcoming dates. Contact us for more information on any of these events.

<http://www.forsyth.cc/CES/4-H/> [4H@forsyth.cc](mailto:4H@forsyth.cc)

336-703-2850

<b>March 11</b>	<b>Plant Sale Orders Due</b>
<b>March 18-19</b>	<b>Teen Retreat, Sertoma 4-H Center</b>
<b>March 24-25</b>	<b>Plant Sale pick-up</b>
<b>April 5</b>	<b>4 PM County Council Meeting, youth ages 11-18, Forsyth CES</b>
<b>April 5</b>	<b>6:30 PM Parliamentary Procedure and officer training, Forsyth CES</b>
<b>April 8-10</b>	<b>Shooting Sports Adult Instructor Workshop</b>
<b>April 15-25</b>	<b>Visit Tractor Supply and buy a paper clover for \$1 to support 4-H</b>
<b>April 15</b>	<b>Extension Volunteer Appreciation Banquet, 12 noon</b>
<b>April 19</b>	<b>Talent Show entries due by 8 AM</b>
<b>April 27</b>	<b>OMK Photos Due</b>
<b>May 2</b>	<b>Application, Interview, Resume, Essay (AIRE) entries due</b>
<b>May 2</b>	<b>4-H Ambassador portfolios due</b>
<b>May 3</b>	<b>6:30 PM 4-H Talent and Expressive Arts show, Forsyth CES</b>
<b>May 10, 17, 24, 31</b>	<b>6:30 4-H Presentation Workshops, Forsyth CES (Youth ages 5-18)</b>
<b>June 1</b>	<b>Beef Photo/Posters Due</b>

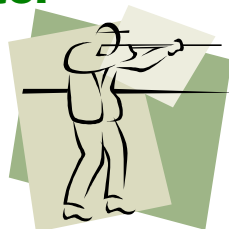
## Congratulations!!!

Lynae Bowman and Melanie Fishel participated in the **Livestock Judging** in January contest. Lynae placed 5th in beef cattle, 8th overall in the junior division and Melanie was on a team with Stokes County 4-H'ers Bryan and Brandon Hartman. They placed 3rd in the swine judging competition.



### 4-H Shooting Instructor Certification

Any adults interested in being certified as a 4-H shooting sports instructor can attend the spring workshop April 8-10 at Millstone 4-H Camp. You must be approved as a 4-H volunteer prior to registering. The fall workshop will be held October 28-30 at Swannanoa 4-H Center. Visit <http://www.millstone4hcamp.org> and click on the shooting sports page for registration information.



### Nutrition Fair

Congratulations to the following 4-H members who **ALL** earned a blue ribbon at the 4-H Nutrition Fair on Tuesday, March 1st.

Lynae Bowman	Reaiah Byers
Evan Crews	Melanie Crews
Destiny Eller	Joseph Harker
Isaac Mitchell	Isaiah Mitchell
Judah Mitchell	Abby Mullis
Esther Mullis	Nathan Mullis
Andrew Pledger	David Allen Pledger
Ian Privette	Ashley Richardson
Styles Shippy	David Winemiller
Katie Winemiller	Allison Wise
Austin Wise	Grant Wise

Youth that helped host our Share Fair were:

Nathan Barrick	Samuel Barrick
Seth Barrick	BJ Hutchins
Laura Hutchins	Ashley Richardson
Allison Wise	Grant Wise