



# Cloverline

## Summer 2013

Forsyth County 4-H

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Winston-Salem, NC 27105

336-703-2850

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Cooperative Extension's  
Youth Development Program

## 4-H Summer (Amazingly Awesome) Adventures!

By Spencer Cook

Summer is almost everyone's favorite time of the year, when school is out and children run free playing tag, having sleepovers, and many other things. But today, I'll be talking about the great 4-H Summer Adventures! Going on field trips, hanging out with great kids, making food, and having loads of fun are just some of the amazing things that you'll experience on these awesome summer adventures. One of my favorite summer adventures was having a lemonade war in "Agriculture, Then and Now". We created our own product, commercial, and price for which it would sell. The activity was very, very competitive and entertaining! Another summer adventure I enjoyed was going to a science/chemistry lab where we mixed materials and did cool experiments. So, now that I've told you a little about the 4-H Summer Adventures, I hope you'll want to



come to these amazingly awesome adventures. You are sure to have a blast with other kids and even meet some of the kind people who sponsor and help make these fun and exciting adventures possible! Hope to see you at these summer adventures next year!



**NC** State University  
A&T State University  
**COOPERATIVE  
EXTENSION**  
*Empowering People • Providing Solutions*

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## Trailblazers News

Hello to those reading this newsletter. In July the 4-H Trailblazers went to the Kerner Ridge Assisted Living facility and threw a beach party where we played games with beach balls, and answered trivia questions like "How many songs did the Beach Boys record?" We ate sandwiches, blue Jell-O with Swedish fish "Swimming" in it, and had beach themed cupcakes as well as a whale shaped watermelon. This month we also had a surprise birthday party for Leanne Phagan, our former leader who has moved out of state but was back to visit. And this month we did not have a business meeting. We met at the park and as my mom said, "We Played" but once you get to my age, you have to switch over to "Hang Out." The kids hung out & the moms talked about plans for our club & the Dixie Classic Fair. Everyone enjoyed it. So, thank you, and good night! Or day if you are reading this in the daytime.

David Winemiller  
Reporter, 4H Trailblazers

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## Teen Trailblazers News

This summer, the Teen Trailblazers 4-H club members have been participating in many state-wide events such as presentation competitions and NC 4-H congress. Nine of our members attended congress at NC State University. In July, five of our members helped teach a 4-H summer adventure program on environmental science and the club also held a club social at Northside Baptist Church. Other things we participated in include volunteering at the Second Harvest Food Bank in Winston-Salem and making toys for the Operation Christmas Child boxes we will fill in the winter.

Hope Arrowood, Teen Trailblazer's Reporter



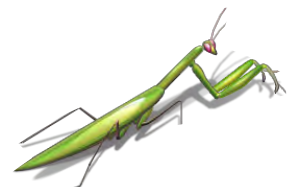
**Half the club sorted drinks at the Second Harvest Food Bank while the others worked in the freezer sorting meats.**

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## NC State Fair Bug Collection

Do you know kids that have a freezer-full of frozen bugs just waiting to be pinned? Please consider encouraging these young people to enter their insects in the State Fair Insect Collection. From the eyed click beetle to the buzzing green June beetle - all specimens of the class Insecta are welcome to be displayed and judged with prizes awarded.

You and your young friends might find the information at <http://www.growforit.org/programs/detail/insect-collection> on the State Fair Insect Collection quite useful.



## NATIONAL FORESTRY INVITATIONAL

North Carolina was one of 13 state teams that competed in the 34th annual National 4-H Forestry Invitational from Sunday, July 21, through Thursday, July 25. Teams from Pennsylvania, Alabama, and New York placed first, second, and third respectively.

The invitational was held at West Virginia University Jackson's Mill State 4-H Camp and Conference Center near Weston, West Virginia. The event was sponsored by Farm Credit System, The Sustainable Forestry Initiative, Inc., The Society of American Foresters, West Virginia University Extension Service, The American Forest Foundation, and the Association of Natural Resource Extension Professionals.



While at the Invitational, 4-H members competed for overall team and individual awards in several categories. Events included tree identification, tree measurement, compass and pacing, insect and disease identification, topographic map use, forest evaluation, the forestry bowl and a written forestry exam.

North Carolina was represented by Hope Arrowood from Lexington, Jacob Kline from Pilot Mountain, and Samuel Barrick and Kade Henderson from Winston-Salem. The team was coached by Carla Arrowood and Melinda Barrick. Michael Barrick served as the male chaperone for the event.

For more information on the National 4-H Forestry Invitational, go to: <http://4hforestryinvitational.org>.

### Congratulations to everyone that won awards in the NC 4-H Beef Photography & Poster Contest

In the Animal Category:

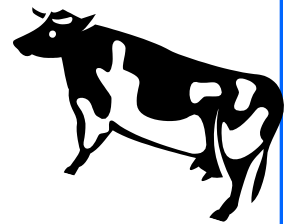
5-8 Year olds, 2<sup>nd</sup> was Luke Arrowood.  
9-11 Year olds, 2<sup>nd</sup> was Lynae Bowman  
12-15 Year olds, 4<sup>th</sup> was Hope Arrowood  
16-21 Year olds, 4<sup>th</sup> was Aaron Jenkins

Landscape Category:

5-8 Year olds, 2<sup>nd</sup> was Luke Arrowood  
9-11 Year olds, 3<sup>rd</sup> was Lynae Bowman  
12-15 Year olds, 5<sup>th</sup> was Hope Arrowood  
16-21 Year olds, 2<sup>nd</sup> was Aaron Jenkins

People Category:

9-11 Year olds, 3<sup>rd</sup> was Lynae Bowman  
12-15 Year olds, 2<sup>nd</sup> was Hope Arrowood



In the NC 4-H Beef Poster Contest:

3rd Stephen Pledger 9-12 Year Olds  
2nd Andrew Pledger 9-12 Year Olds  
1st David Allen Pledger 14-16 Olds

### 4-H T-Shirts

If we can get enough interest, we are looking at re-ordering more 4-H t-shirts. Please email [4H@forsyth.cc](mailto:4H@forsyth.cc) with your shirt size (indicate youth or adult) and state if you would like pink, navy blue or gold (as shown). They will be \$8 each.



## Project Record Books

In January, Forsyth County 4-H members turned in records of their 4-H project work for the year to be evaluated. Those youth earning Grand or Reserve Champion advanced to the District competition. The books begin when the young people set their goals of things that they want to learn AND do in their projects for the year in January. They add their accomplishments, a story and a scrapbook to the book and turn it in for the judges to evaluate. Those youth ages 11-18 also add Citizenship, Leadership and Community Service activities to the books. Project books do not advance to state competition.

Youth ages 13-18 are allowed to compile three years worth of work in one project area into a cumulative record form to be evaluated. These books also advance to district competition and the winner from each of the five Cooperative Extension districts advance to state competition. It is obvious that Forsyth County submitted excellent work!

If you would like for a young person ages 5-18 to learn record keeping, goal setting as well as planning/organization, please contact the North Carolina Cooperative Extension, Forsyth County Center at 703- 2850 or by email at 4H@forsyth.cc.

<b>Cumulative Winners</b>				
Name	District Award	State Award	Age	Category
Hope Arrowood	Gold	Silver	13-15	Expressive Arts
Hope Arrowood	Gold	Silver	13-15	Family & Consume Science
Samuel Barrick	Gold	Gold	13-15	Citizenship & Community Service
Samuel Barrick	Gold	Silver	13-15	Plant & Horticulture Science
Lindsey Hooker	Gold	Gold	16-18	Expressive Arts
Sidney Hooker	Silver		13-15	Expressive Arts
Brandon Joyce	Silver	Silver	16-18	Expressive Arts
Brandon Joyce	Gold		16-18	Citizenship & Community Service
Justyn Joyce	Gold	Gold	16-18	Public Speaking
Justyn Joyce	Bronze		16-18	Expressive Arts
David Allen Pledger	Gold	Gold	13-15	Health & Safety
David Allen Pledger	Bronze		13-15	Citizenship & Community Service
Ashley Richardson	Bronze		13-15	Expressive Arts
Ashley Richardson	Silver		13-15	Family & Consumer Science



**Cumulative Winners Continued...**

Name	District Award	State Award	Age	Category
Allison Wise	Gold	Gold	16-18	Family & Consumer Science
Allison Wise	Gold		16-18	Leadership
Grant Wise	Gold	Bronze	13-15	Forestry & Natural Resources
Grant Wise	Silver		13-15	Citizenship & Community Service

**Project Records**

Name	District Award	Age	Category
Alex Arrowood	Bronze	11-12	Environment & Natural Resources
Hope Arrowood	Bronze	13-15	Communication Arts
Hope Arrowood	Silver	13-15	Family & Consumer Science
Samuel Barrick	Silver	13-15	Citizenship & Civic Education
Samuel Barrick	Silver	13-15	Plant Science
Jadyn Hooker	Silver	9-10	Animal Science
Lindsey Hooker	Silver	16-18	Communication Arts
Sidney Hooker	Silver	13-15	Communication Arts
Brandon Joyce	Gold	16-18	Citizenship & Civic Education
Brandon Joyce	Gold	16-18	Communication Arts
Andrew Pledger	Gold	11-12	Healthy Lifestyles
Andrew Pledger	Gold	11-12	Plant Science
Allison Wise	Gold	16-18	Family & Consumer Science
Allison Wise	Silver	16-18	Personal Development & Leadership
Austin Wise	Silver	11-12	Citizenship & Civic Education
Austin Wise	Gold	11-12	Environment & Natural Resources



We have a few Dixie Classic Fair books available here in the office. All entries are due September 1st and most things can be entered on-line at <http://www.dcfair.org>. 4-H clubs may sign-up to do a 4-H fair booth (this could be a great fundraiser) but they must be reserved using the form in the back of the book and cannot be done on-line. This year's theme is "Go-fer 4-H!" Individuals or groups without a 4-H club charter may NOT do a fair booth.

# 4-H Nutrition Fair



The annual 4-H Nutrition Fair will be held on Tuesday, October 1st at the Forsyth Co. Extension Center at 6 pm.

Youth ages 5-18 are invited to prepare a dish in the following categories: bread, dessert, beverages, main dish, fruit/vegetable or snack. They should bring their prepared dish along with a place setting and table decorations to be judged by a team of two judges.

Entries should have some nutritional value or have substituted something unhealthy with something healthier (applesauce for oil, etc.). Exhibitors are encouraged to dress according to their table theme.

To enter send your name, age (as of January 1, 2013), category and a copy of your recipe to [4H@forsyth.cc](mailto:4H@forsyth.cc) or by mail to 1450 Fairchild Road, Winston-Salem, NC 27105 before Tuesday, September 17th! PLEASE use Arial, size 12 font. Recipes may be attached as a word or text document or shared on google drive with [awbowman@ncsu.edu](mailto:awbowman@ncsu.edu) or pasted into the email itself.

**[Click here to read the rules.](#)**

# Congratulations to Our State 4-H Presentation Winners!!!

Emily	Bohanon	Arts and Communication	11-13	Silver
Hope	Arrowood	Forestry and Wildlife	14-18	Gold
Melissa	Mason	Fruit and Vegetable Use	14-18	Silver
Evan	Crews	Health and Fitness	09-10	Bronze
Samuel	Barrick	Horticulture Production/Marketing	14-18	Silver
Jadyn	Hooker	Small and Companion Animals	11-13	Bronze

## 4-H Electric Congress



Nathan Barrick, attended the 66th annual 4-H Electric Congress July 22-24 at the University of North Carolina at Charlotte. Two hundred and twenty five 4 H'ers, adult leaders and Cooperative Extension agents from 60 counties attended the three day event AT NO COST TO THEM! Since 1947, Duke Energy and Dominion North Carolina Power have sponsored the annual congress to emphasize energy conservation and safe electricity use. Nathan Barrick, 2012-2013 State 4-H Council President, 18, son of Michael and Melinda Barrick of Winston-Salem, is second from right.

The 1st and 2nd place winners of the County Electric Project Record Book competition will be allowed to attend the 2014 4-H Electric Congress at no cost so make sure you submit a book January 13th (or earlier)!



# NC 4-H Photography Contest Results

## JUNIOR Category (Ages 9-12)

"4-H in Action"

Second Place:  
Alex Arrowood,  
Forsyth County,  
"4-H Entertains"



Alex Arrowood, "4-H Entertains"

"Nature's  
Beauty"

Honorable  
Mention:  
Spencer Cook,  
Forsyth County,  
"Under the Oak  
Tree"



Sidney Hooker, "Boomer"



Spencer Cook, "Under the Oak Tree"

## SENIOR

### CATEGORY (Ages 13-19)

"4-H in Action"

Honorable Mention: Hope Arrowood,  
Forsyth County, "A Warm Handshake"

"Nature's Beauty"

Second Place: Sidney Hooker, Forsyth  
County, "Boomer"

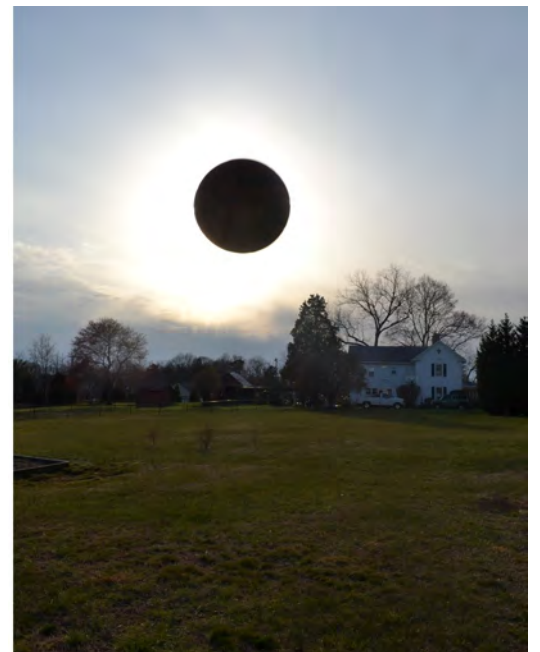
Honorable Mention:  
Aaron Wayne Jenkins,  
Forsyth County, "Horsing  
Around"

"Shadows and Light"

First Place: Hope  
Arrowood, Forsyth  
County, "Eclipsed by a  
Basketball"



Hope Arrowood, "A Warm Handshake"



Hope Arrowood, "Eclipsed by a Basketball"



## Livestock Judging Team

The Forsyth/Stokes County Livestock Judging Team competed in the 2013 NC State 4-H Livestock Judging, Skillathon, and Quiz Bowl Contests on July 16 and 17 in Raleigh, NC.

Youth learn analytical and public speaking skills in the Livestock Judging Contest as they place classes of livestock and then give oral reasons on their placing to officials. The Junior Livestock Judging members won the following awards: Josie Stanberry won top individual overall, first in meat goats, and ninth in sheep. Hannah King placed second in sheep and fifth overall in oral reasons. Lynae Bowman placed ninth overall in oral reasons. Wesley Fishel placed fourth in beef cattle, Emma Stanberry placed sixth in swine, and Kali Mabe placed third in swine. The Junior Team placed first in oral reasons and third overall in the contest. The team consisted of Lynae Bowman, Wesley Fishel, Hannah King, and Kali Mabe. The Senior Livestock Judging Team members placing fourth overall and first in meat goats were: Tanner Birkholz, Tyler Bradshaw, Brandon Hartman, and Kate Hice. They won the following awards: Brandon Hartman, second place individual overall, ninth in oral reasons, first in meat goats, and second in beef cattle. Kate Hice, eighth place individual overall, seventh in meat goats, and ninth in cattle. Tanner Birkholz placed tenth overall in sheep.



In the Skillathon Contest youth test their knowledge on livestock management and identify various livestock breeds, feeds, equipment, and cuts of meat. Placing tenth overall in the Junior Skillathon Contest was Lynae Bowman with the Junior Team placing third. In the Senior Skillathon Contest Brandon Hartman placed fourth overall and the Senior Team placed fourth.



During the Quiz Bowl, teams face off against one another to answer management questions on livestock production. The senior team placed fourth overall in the Quiz Bowl contest.

Team members' next Livestock Judging Contest will be the NC State Fair in November. The Livestock Judging Team coaches are April Bowman, Forsyth County 4-H Extension Agent and Chris Jeffcoat, Forsyth and Stokes County Area Agent for Livestock. For more information on the Forsyth/Stokes County Livestock Judging Team, please contact the Forsyth County Cooperative Extension Service at 336-703-2850.

**In the NC Jr Beef Roundup Skill-a-thon Contest the following youth won awards:**

- 2nd Juniors Lynae Bowman
- 4th Seniors Brandon Hartman
- 3rd Intermediate Kate Hice



**Congratulations** to Lynae Bowman who won the Jim Butler High Point Award in the Junior Age Division at the NC Jr Beef Roundup! Lynae was also on the 1st Place Ultimate Heifer Make-Over Team!



# Operation: Military Kids

## Contest Results

### Artwork Contest

#### America the Beautiful (11-12 year old)

2nd: Jadyn Hooker – “American Beauty”

#### Celebrating Our Heroes: Past and Present (11-12 year old)

3rd: Jadyn Hooker – “Silhouette”

#### Patriotic Pride (11-12 year old)

Honorable Mention: Jadyn Hooker – “Grateful for Our Soldiers”

#### Proud to be an American (11-12 year old)

1st: Jadyn Hooker – “Eagle Pride”

#### America the Beautiful (13-15 year old)

Honorable Mention: Andrew Pledger – “O’ Beautiful for Spacious Skies”

#### Celebrating Our Heroes: Past and Present (13-15 year old)

3<sup>rd</sup>: Andrew Pledger – “Father of Our Country”

Honorable Mention: David Pledger – “The Alamo”

#### Patriotic Pride (13-15 year old)

1<sup>st</sup>: Sidney Hooker – “One Nation Under God”

Honorable Mention: David Pledger – “The Capital”

#### America the Beautiful (16-18 year old)

1<sup>st</sup>: Lindsey Hooker – “Symbol of Freedom”



“Symbol of Freedom” - Lindsey Hooker

### Artwork Best of Show

#### 11-12 Year Olds

Jayden Hooker – “Eagle Pride” (Proud to be an American)

#### 13-15 Year Olds

Sidney Hooker – “One Nation Under God” (Patriotic Pride)

#### 16-18 Year Olds

Lindsey Hooker – “Symbol of Freedom” (America the Beautiful)

### Artwork Grand Champion

Lindsey Hooker – “Symbol of Freedom” (America the Beautiful)

1st Runner Up: Sidney Hooker – “One Nation Under God” (Patriotic Pride)

2nd Runner Up: Jayden Hooker – “Eagle Pride” (Proud to be an American)



“Hoisting Our History” - Alex Arrowood



## Photography Contest

### America the Beautiful (9-10 year old)

1st: Luke Arrowood – *“Pisgah Covered Bridge”*

### Patriotic Pride (9-10 year old)

Honorable Mention: Luke Arrowood – *“Friends Folding the Flag”*

### America the Beautiful (11-12 year old)

2nd: Alex Arrowood – *“Currituck Light”*

Honorable Mention: Lynae Bowman – *“Jefferson Memorial Over the Potomac”*

### Celebrating Our Heroes: Past and Present (11-12 year old)

2nd: Alex Arrowood – *“Hoisting Our History”*

3rd: Lynae Bowman – *“Korean Memorial”*

### Patriotic Pride (11-12 year old)

1<sup>st</sup>: Lynae Bowman – *“Lincoln Memorial”*

### Proud to be an American (11-12 year old)

1<sup>st</sup>: Alex Arrowood – *“Salute”*

### America the Beautiful (13-15 year old)

1<sup>st</sup>: Hope Arrowood – *“Freedom Fireworks”*

### Celebrating Our Heroes: Past and Present (13-15 year old)

3<sup>rd</sup>: Hope Arrowood – *“Leaving about Our Heroes”*

### Patriotic Pride (13-15 year old)

1<sup>st</sup>: Hope Arrowood – *“Standing Proud”*

### Proud to be an American (13-15 year old)

2<sup>nd</sup>: Hope Arrowood – *“Attention”*

## Photography Best of Show

### 11-12 Year Olds

1st: Alex Arrowood - *“Salute”* (Proud to be an American)

## Photography Grand Champion

3rd Runner Up: Alex Arrowood - *“Salute”* (Proud to be an American)



“Lincoln Memorial” - Lynae Bowman



“Salute” - Alex Arrowood





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# 4-H Coming Events

Below are some upcoming dates. Contact us for more information on any of these events.

<http://www.forsyth.cc/CES/4-H/>      [4H@forsyth.cc](mailto:4H@forsyth.cc) 336-703-2850

Aug 24	NC Pawpaw Festival, 10am-1pm, Forsyth County Cooperative Extension office, FREE
Aug 26	Stokes County Fair Livestock entries due
Aug 28-30	Mrs. April at the NC 4-H Agents Meeting
Sept 1	Dixie Classic Fair entries due, <a href="http://www.dcfair.org">www.dcfair.org</a>
Sept 9-14	Stokes County Fair
Sept 17	4-H Nutrition Fair recipes are due by email to <a href="mailto:4H@forsyth.cc">4H@forsyth.cc</a>
Sept 18-29	Tractor Supply Company Fall 4-H Paper Clover Campaign
Oct 1	4-H Nutrition Fair, 6pm, Forsyth County Cooperative Extension office
Oct 4-13	Dixie Classic Fair
Oct 5	NC 4-H Forestry Contest, Raleigh NC
Oct 6-12	National 4-H Week
Nov 1-3	State Fair Livestock Judging Contest, Raleigh
Nov 2	North Central 4-H Volunteer Leader's Fall Day, Alamance Community College
Nov 4-6	NC Cooperative Extension Conference (all staff gone)

## 2014 Save the Date

Jan 13	Project Record Books Due
Jan 31– Feb 2	NC 4-H Volunteer Leaders' Conference, Sheraton Imperial Hotel, Durham
Feb 18	District 4-H Officer Candidates Applications Due (postmark deadline)
Feb 22-23	State 4-H Council Congress Planning Meeting, Raleigh
April 5-10	National 4-H Conference, Chevy Chase, Maryland
May 15	State 4-H Officer Candidates Applications Due (postmark deadline)
June 21-24	NC 4-H Congress, Raleigh
July 9-11	2014-2015 State 4-H Council Officer Training, Raleigh, Mandatory for 2014-15 State 4-H Council Officers
July 12-13	State 4-H Council Planning Meeting, Raleigh, Mandatory for 2014-15 State 4-H Council Officers
Oct 1	Youth Volunteer Service Awards Nominations Due to State 4-H Office
Oct 2-5	Volunteer Conference of Southern States, Rock Eagle 4-H Center, Eatonton, Georgia
Oct 17-27	NC State Fair, Raleigh
Nov 22-23	State 4-H Council Conference, Raleigh
Nov 28-Dec 2	National 4-H Congress, Atlanta GA
Dec 1	Adult Volunteer Service Awards Nominations and ACE Portfolios Due to State 4-H Office