

North Carolina 4-H Achievement Plan



NAME	DATE OF BIRTH
Address	
	ZIP
Name of Club	Years in Club
Parent/Guardian Name	

Do you set goals for yourself or do others set them for you? How do you feel when you accomplish something? Does what you accomplish make a difference to you? How can you plan and work to do a better job of meeting your goals? When you reach a goal, and feel some satisfaction in reaching that goal, does this help you set new goals? What if you are not quite satisfied with your accomplishments? How can you get the most out of 4-H and receive satisfaction for your goals?

The 4-H Achievement Plan will help you with these things. It will help in:

- 1. Setting your goals and making plans to reach them.
- 2. Enriching your 4-H program as you grow.
- 3. Evaluating your own efforts and accomplishments and by taking a look with your leader as to how well you have met your goals.
- 4. Reaching more of your goals.
- 5. Setting new goals that will help you grow and develop your skills and personality.

To be successful your plan will require loyalty to your 4-H club, your county, state, nation, and world. Service to others is very important. Creativity, responsibility, and leadership will be required. The satisfaction you feel for your job well done will make it all worthwhile.

Planning – To achieve your highest goals, plan your 4-H participation and set your goals at the start of your year or immediately after achieving a lower level. Use this achievement form to talk with your family and 4-H Leaders. Ask their advice in helping to set your goals and to help you accomplish them.

Directions:

- 1. Check the suggestions in the "Planned" column that you plan to accomplish.
- 2. Fill out the "Date Accomplished" column when you complete a requirement.
- 3. Check the highest award listed below for which you are applying.
- 4. Turn this in to your 4-H leader when you meet the minimum requirements for a Level.
- 5. Only one level may be reached each year in 4-H
- 6. You may begin the Achievement Plan at any time in your 4-H career. You must be 9 years old to begin the Green Clover Award. It may take more than 1 year to finish a level.

4-H'ers who strive and excel in improving themselves, their clubs, and their communities shall be given appropriate awards as follows:

	Cloverbud 5-6 Achievement Award
	Cloverbud 7-8 Achievement Award
	Green Clover Achievement Award
	Bronze Achievement Award
	Silver Achievement Award
	Gold Achievement Award
	Achievement Medal

The Certificates may be obtained from the State 4-H office for the Green, Bronze, Silver and Gold Achievement Awards. The Achievement Medal can be ordered from National 4-H Supply by the county.

5-6 Year Old Cloverbud Achievement Award

To be eligible you must do Requirements 1-3 and 2 optional activities.

Planned	Date Complete	d	
		1.	Attend at least 3/4th of the scheduled 4-H meetings.
		2.	Have a planning meeting with your 4-H Leader.
		3.	Learn and lead the 4-H Pledge.
Planned	Date Complete	d	Optional Activities
		4.	With your family's help, complete a Curriculum Book for ages 5-6. Book
		5.	Learn and lead the 4-H motto.
		6.	Make a collage or draw a picture to show what you 've learned in 4-H and bring to club meeting.
		7.	"Show and Tell" about something you've learned in 4-H with your family.
			or this Level, sign your name below, have your ne total achievement plan to your club or group leader.
Your Signatur	re		Date
Parent or Gua	ardian Signa	iture	
I have evalua	ted and app	roved t	his application for the Cloverbud Ruby Achievement Award.
4-H Leader's	Signature _		DateDate
			Cloverbud Achievement Award Requirements 1- 4 and 3 optional activities.

Planned	Date Completed	I	
		1.	Attend at least 3/4th of the scheduled 4-H meetings.
		2.	Participate in at least 1 county 4-H event. Event
		3.	Learn and lead the 4-H Pledge.
		4.	Have a planning meeting with your 4-H Leader.
Planned	Date Completed	I	Optional Activities
		5.	With your family's help, complete a Curriculum Book for ages 7-8. Book
		6.	Lead the American Pledge at a 4-H meeting.
		7.	Create a craft item that shows what you like about 4-H and bring to a club meeting.
		8.	"Show and Tell" about something you've learned in 4-H with your family.
		9.	Participate in one community service project. List
	•		or this Level, sign your name below, have your e total achievement plan to your club or group leader.
Your Signature	e		Date
Parent or Gua	rdian Signat	ure	
I have evaluat Award.	ed and appr	oved th	nis application for the Cloverbud Sapphire Achievement
4-H Leader's	Signature		Date

Green Clover Achievement Award (For ages 9-18)
To be eligible you must do Requirements 1- 4 and 4 optional activities.

Planned	Completed	i	
		1.	Attend at least 3/4th of the scheduled 4-H meetings
		2.	Complete and turn in at least one project record book to your 4-H leader. Project
		3.	Participate in at least 1 county 4-H event. Event
		4.	Have a planning meeting with your 4-H Leader.
Planned	Completed	d	Optional Activities
		5.	Have a parent or other adult to attend at least two club or group meetings.
		6.	Learn what county and 4-H district you are in:
		7.	Exhibit at least one 4-H project. What exhibited? Where?
		8.	Give a talk about your 4-H project before a group. Topic: Where?
		9.	Participate in one community service project. List
		10.	Attend 4-H District Activity Day.
	•		or this Level, sign your name below, have your e total achievement plan to your club or group leader.
Your Signatur	e		Date
Parent or Gua	ırdian Signa	ture	
I have evaluat	ted and app	roved th	nis application for the Green Clover Achievement Award.
4-H Leader's	Signature _		Date

Bronze Achievement Award (For ages 9-18)

You must have already received the Green Clover Achievement Award. To be eligible you must do Requirements 1- 5 and 5 optional activities.

Planned	Date Completed	i	
		1.	Attend at least 3/4th of the scheduled 4-H meetings
		2.	Complete and turn in at least two project record books to 4-H Club leader. Books
		3.	Give Presentation or talk at 4-H meeting. Topic:
		4.	Participate in at least one community service project. Project:
		5.	Have a planning meeting with your 4-H Leader.
Planned	Completed		Optional Activities
		6.	Work on a committee in your club or county. List:
		7.	Attend County Achievement Program.
		8.	Participate in a county, district, or state contest (speaking, talent, judging, shows). Type:
		9.	Participate in another countywide activity. List
		10.	Be on a program at a local club meeting (ex: Lions, Ruritans). Date
		11.	Self Determined goal; approved by 4-H Club Leader. Explain
		12.	Participate in North Carolina 4-H Congress.
		13.	Exhibit at least one 4-H project. What exhibited? Where?

Your Signature	Date
Parent or Guardian Signature	
I have evaluated and approved this application	for the Cloverbud Ruby Achievement Award
4-H Leader's Signature	Date

Upon completing requirements for this Level, sign your name below, have your

parent/guardian sign, and give the total achievement plan to your club or group leader.

Silver Achievement Award (For ages 9-18) You must have already received the Green Clover and Bronze Achievement Awards.

To be eligible you must do Requirements 1-7 and 8 optional activities.

Planned	Date Complete	d	
		1.	Attend at least 3/4th of the scheduled 4-H meetings
		2.	Complete and turn in at least three project record books to 4-H Club leader. Books
		3.	Give Presentation or talk at 4-H meeting. Topic:
		4.	Participate in at least two community service projects. Projects:
		5.	Work on a committee in your club or county. List:
		6.	Attend at least one County Council Meeting. Date
		7.	Have a planning meeting with your 4-H Leader.
Planned	Complete	d	Optional Activities
Planned	Complete	d 8.	Optional Activities Attend County Achievement Program.
Planned	Completed		·
Planned	Completed	8.	Attend County Achievement Program.
Planned	Complete:	8. 9.	Attend County Achievement Program. Assist with County 4-H Camps if possible. List:
Planned	Complete:	8.9.10.	Attend County Achievement Program. Assist with County 4-H Camps if possible. List: Participate in a county 4-H Entertains. Act:
Planned	Complete:	8.9.10.11.	Attend County Achievement Program. Assist with County 4-H Camps if possible. List: Participate in a county 4-H Entertains. Act: Give a Presentation at County 4-H Activity Day. List Participate in a District Retreat. Date: Give a 4-H talk or presentation at a local club meeting (ex:
Planned	Complete:	8.9.10.11.12.	Attend County Achievement Program. Assist with County 4-H Camps if possible. List: Participate in a county 4-H Entertains. Act: Give a Presentation at County 4-H Activity Day. List Participate in a District Retreat. Date:

		16.	Self Determined goal; approved by 4-H Club Leader. Explain
		17.	Participate in North Carolina 4-H Congress.
		18.	Exhibit at least one 4-H project. What exhibited?Where?
		19.	Participate in district or state 4-H Activity. What:
		20.	Recruit one young person for your club. Name
	• .		or this Level, sign your name below, have your ne total achievement plan to your club or group leader.
Your Signat	ure		Date
Parent or G	uardian Sign	ature _	
I have evalu	uated and ap	proved t	his application for the Silver Achievement Award.
4-H Leader'	's Signature		Date

Gold Achievement Award (For ages 9-18)

You must have already received the Green Clover, Bronze and Silver Achievement Awards.

To be eligible you must do Requirements 1-7 and 10 optional activities.

Planned	Date Completed	d	
		1.	Serve as Junior/Teen Leader in County Event or Activity or at your club. List:
		2.	Complete and turn in at least three project record books or one Cumulative Record to 4-H Club leader. Books:
		4.	Give Presentation or talk at 4-H meeting or other group. Topic:
		4.	Participate in at least two community service projects. Projects:
		5.	Serve as a chairman of a committee in your club or county. List:
		6.	Attend at least one County Council Meeting. Date
		7.	Have a planning meeting with your 4-H Leader.
Planned	Complete	d	Optional Activities
		8.	Serve as a Leader in Training (LIT) at a State 4-H Camp.
		9.	Volunteer at a community agency. # Hours:
		10.	Participate in a county 4-H Entertains. Act:
		11.	Publish a news article related to 4-H.
		12.	Participate in District Retreat. Date:
		13.	Give a 4-H talk or presentation at a local club meeting (ex: 10 Updated Spring 2007

			Lions, Ruritans). Date
		14.	Give a speech at 4-H Meeting/Activity Contest. Title:
		15.	Serve as a County Council Officer and attend 2/3 of the meetings. Office:
		16.	Self Determined goal; approved by 4-H Club Leader. Explain
		17.	Plan and carry out an individual community service project. Explain:
		18.	Exhibit at least one 4-H project. What exhibited? Where?
		19.	Attend NC Citizenship Focus.
		20.	Assist other 4-H'ers with a project. List:
		21.	Participate in the Application, Resume & Interview process.
		22.	Attended National 4-H Congress. Date:
		23.	Attended National 4-H Conference. Date:
		24.	Participate as a delegate in a 4-H Exchange Trip with another county or state or serve as a host to a 4-H delegate from another county or state.
		25.	Assist in organizing a new 4-H club. Explain your part in planning for and helping with the organization of the club.
			or this Level, sign your name below, have your se total achievement plan to your club or group leader.
Your Signatu	re		Date
Parent or Gua	ardian Signa	ature	
I have evalua	ited and app	roved tl	nis application for the Gold Achievement Award.
4-H Leader's	Signature _		Date

Achievement Medal (For ages 13-18)

You must have already received the Green Clover, Bronze, Silver, and Gold Achievement Awards. The Achievement Medal is a special award for outstanding older 4-H'ers.

To be eligible you must:

Planned	Date Completed	ŀ	
		1.	Meet Guidelines 1-7 for the Gold Achievement Award (must be repeated).
		2.	Complete 20 optional activities. These can be selected From activities in the silver or gold achievement Awards. Items # 22 & 23 may not be repeated. The same type of events may not be repeated twice. (Example: Silver #10 and Gold #10)
Required act	ivities:		
Planned	Date Completed	ł	
		1.	Serve as Junior/Teen Leader in County Event or Activity or at your club. List:
	_	2.	Complete and turn in at least three project record books or one Cumulative Record to 4-H Club leader. Books:
		5.	Give Presentation or talk at 4-H meeting or other group. Topic:
		4.	Participate in at least two community service projects. Projects:
		5.	Serve as a chairman of a committee in your club or county. List:
		6.	Attend at least one County Council Meeting. Date
		7.	Have a planning meeting with your 4-H Leader. 12 Updated Spring 2007

Silver Optional Activities

Gold Optional Activities

Planned	Date Completed	Activity	Planned	Date Completed Activity
	8.			8
	9.			9
	10.			10
	11.			11
	12.			12
	13.			13
	14.			14
	15.			15
	16.			16
	17.			17
	18.			18
	19.			19
	20.			20
				21
				22
				23
				24
				25

Upon completing requirements for this Level, sign your name below, have your	
parent/guardian sign, and give the total achievement plan to your club or group leade	r.

Your Signature	Date
Parent or Guardian Signature	
I have evaluated and approved this application	on for the Achievement Medal.
4-H Leader's Signature	Date
Agent's Signature	Date