

Sew on and Sew Forth

October 2018

A quarterly newsletter for the Forsyth Extension Needle Arts Sewing Club

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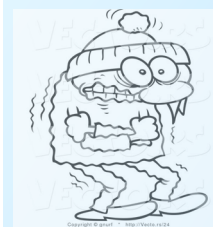
**Club meets at
the Forsyth
County Ag.
Building on the
second Friday of
the month at
10:00am**



- Oct. 12 It has been quite a while since we have devoted a program to Charity Sewing, so today's the day. Members are asked to bring with them any unfinished charity sewing and sewing supplies. Let's give Brenner Children's Hospital and Forsyth Cancer Center an early Christmas present!
- Nov. 9 Teresa Reid from Sew Original will present "Reverse Applique." This program was scheduled as the September program but was cancelled because of bad weather. All supplies for this program will be provided.
- Dec. 14 Annual Christmas Potluck Brunch. See sign-up sheet. Getting you into the spirit of the season, apart from all of the usual delicious goodies you always provide, we shall have a napkin ring and Christmas Tree craft for you to work on.

**Membership "dues" for
2019 will become due at the
November meeting.**

See club Treasurer, Marge Harford



Inclement Weather Policy

The club will not meet if the Winston Salem/Forsyth County Schools are either closed or delayed.

Your safety is our concern

**NC COOPERATIVE
EXTENSION**



NC State University and N.C. A&T State University are collectively committed to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, gender identity, genetic information, national origin, political beliefs, race, religion, sex (including pregnancy), sexual orientation and veteran status. NC State, N.C. A&T, U.S. Department of Agriculture, and local governments cooperating

Want to start your Christmas gifts early??

Materials for a reversable napkin.

- * 1.5 yards of cotton fabric for the right side of the napkins
- * 1.5 yards of coordinating cotton fabric for the reverse
- * a spool of thread to match the napkin fabrics
- * a small remnant of natural linen fabric for the pouch, 22 inches x 8 inches
- * a spool of thread to match the linen for the pouch

METHOD

The following steps should be repeated for each of the 6 napkins



STEP 1:

Cut out the following pieces

6 panels measuring 16 inches by 13 inches from the fabric for the right side of the napkins

6 panels measuring 16 inches by 13 inches from the fabric for the reverse of the napkins



STEP 2

Take one piece of the right side fabric and one piece of the reverse side fabric and place together, right sides facing and pin.



STEP 3

Using a matching spool of thread, sew a 5/8 inch seam around the edge of the napkin leaving a gap of approximately 4 inches open. Be sure to sew a few stitches backwards at each end so that the seam doesn't unravel.



STEP 4:

Remove the pins and trim the seam using pinking shears, if you have them (as the napkins are likely to be washed frequently, this will prevent the fabric from fraying so quickly over time), and clip the corners.



STEP 5

Turn the napkin right side out and press, taking particular care with those few inches where you left the turning gap to press the edges in line with the seam.



STEP 6

Using the matching thread, topstitch the napkin approximately 1/4 inch from the edge (I use the edge of my presser foot as a guide). This will close the turning gap you left open in step 3.

Ta da! You have a set of 6 napkins, now make a basic cloth bag in which to store the napkins! What a wonderful gift, one with which you will always be remembered!



REUSE PLASTIC BAGS FOR SMOOTH SEWING

A simple solution to tame fabrics that are difficult to sew. If using fabric (such as batting, bulky or loose-weave fabrics, terry cloth, faux fur, or Velcro) doesn't glide smoothly over the machine plate or gets stuck in the machine foot, use a plastic grocery or other store bag to help. Bags that are almost transparent are best, cut the bag to make it one layer; if you have a lot of seams to sew, cut the bag into strips about 2 to 3 inches wide. Place the plastic on top of and sometimes also beneath the fabric and sew normally, stitching through the plastic. The plastic helps the fabric slide smoothly as the stitches are made, and a simple tug easily removes the plastic after the seam is complete.



END METALLIC THREAD WOES

When sewing with metallic gold thread, it often frays and breaks. To solve this problem by threading both the metallic thread and a yellow thread through the same needle. The dual threads give more definition to the stitch and work beautifully.