

2018 PRENATAL PARENTING CLASSES

Family and Community Health Education and Outreach Section

Forsyth County Department of Public Health

799 Highland Avenue Winston-Salem, NC 27101

Phone: 336-703-3206 Fax: 336-727-8034



SERIES 1

1-31-18

2-7-18

2-21-18

2-28-18

3-7-18

3-14-18

SERIES 2

4-11-18

4-18-18

4-25-18

5-2-18

5-9-18

5-16-18

SERIES 3

6-13-18

6-20-18

6-27-18

7-11-18

7-18-18

7-25-18

SERIES 4

8-15-18

8-22-18

8-29-18

9-5-18

9-12-18

9-19-18

SERIES 5

10-3-18

10-10-18

10-17-18

10-24-18

10-31-18

11-7-18

Class size is limited to 25 - Pre-Registration is Required!

TOPICS INCLUDE:

- Basic Infant Care and Child Development
- Injury Prevention and Breastfeeding
- Nutrition, Feeding and Infant Dental Health
- Safe Sleep, SIDS and Shaken Baby Syndrome
- Immunizations and Common Illnesses
- Family Planning and Family Dynamic

CLASSES AND LOCATION:

All classes are held on Wednesday at 4:30 to 6:00 p.m. at the Forsyth County Department of Public Health in MR2.

A light snack will be provided and remember to attend each session to earn points to shop with from our new Baby Boutique at the end of the series!

