

2013 Parenting Classes

Family and Community Health Education and Outreach Section

Forsyth County Department of Public Health
799 N. Highland Avenue
Winston-Salem, NC 27101

Contact: 336-703-3206
Fax: 336-727-8034

Pre-Registration is Required... Come and join us! Bring your partner or a support person!

Attend each session to earn points to shop with from our new Baby Boutique at the end of the series!

All classes are held on Wednesdays from 4:30 to 6:00 p.m. at the Forsyth County Department of Public Health in MR-2

- Topics include:
- ♦ Basic Infant Care and Child Development
 - ♦ Nutrition, Feeding and Dental Care for Babies
 - ♦ Safe Sleep, SIDS and Shaken Baby Syndrome
 - ♦ Common Childhood Illnesses and Immunizations
 - ♦ Injury Prevention and Breastfeeding
 - ♦ Family Planning
- Light Refreshments Provided!
No child care is available



<u>Series 1</u>	<u>Series 2</u>	<u>Series 3</u>	<u>Series 4</u>	<u>Series 5</u>	<u>Series 6</u>
January 16	March 6	May 1	June 26	August 7	October 16
January 23	March 13	May 8	July 3	August 14	October 23
January 30	March 20	May 15	July 10	August 21	October 30
February 6	March 27	May 22	July 17	August 28	November 6
February 13	April 3	May 29	July 24	September 4	November 13
February 27	April 10	June 5	July 31	September 11	November 20

Class size is limited to 25.

Pre-registration is required.