

2015 PRENATAL PARENTING CLASSES

Family and Community Health Education and Outreach Section

Forsyth County Department of Public Health

799 Highland Avenue Winston-Salem, NC 27101

Phone: 336-703-3206 Fax: 336-727-8034



SERIES 1

1-21-15

1-28-15

2-4-15

2-11-15

2-18-15

2-25-15

SERIES 2

3-18-15

3-25-15

4-1-15

4-8-15

4-15-15

4-22-15

SERIES 3

5-13-15

5-20-15

5-27-15

6-3-15

6-10-15

6-17-15

SERIES 4

7-8-15

7-15-15

7-22-15

7-29-15

8-5-15

8-12-15

SERIES 5

9-2-15

9-9-15

9-16-15

9-23-15

9-30-15

10-7-15

SERIES 6

10-21-15

10-28-15

11-4-15

11-11-15

11-18-15

12-2-15

Class size is limited to 25 - Pre-Registration is Required!

TOPICS INCLUDE:

- Basic Infant Care and Child Development
- Injury Prevention and Breastfeeding
- Nutrition, Feeding and Infant Dental Health
- Safe Sleep, SIDS and Shaken Baby Syndrome
- Immunizations and Common Illnesses
- Family Planning and Family Dynamic

CLASSES AND LOCATION:

All classes are held on Wednesday at 4:30 to 6:00 p.m. at the Forsyth County Department of Public Health in MR2.

A light snack will be provided and remember to attend each session to earn points to shop with from our new Baby Boutique at the end of the series!

