

# CAN YOU BE A LOCAVORE?



FRESH  
LOCAL  
PRODUCE

A **locavore** is a person concerned about where their food comes from and tries to only eat locally grown or produced food.

**AUGUST IS...**  
**“CHALLENGE YOURSELF TO BE A LOCAVORE MONTH”**

For a meal, day, week or month – eat foods grown, caught (fish) or produced in Forsyth County or North Carolina.

SHARE YOUR EXPERIENCE AT **#LocavoreForsyth**

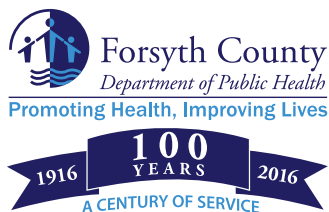
Celebrate Locavore Month at the Forsyth County Locavore Potluck.  
Bring your favorite locavore dish to share.

**Tuesday, August 8, 2017 / 6 pm - 7:30 pm**  
Forsyth County Cooperative Extension Service  
1450 Fairchild Road, Winston-Salem

FOR MORE INFORMATION

**call 336.703.3216 or  
visit [www.forsyth.cc](http://www.forsyth.cc)**

FORSYTH COMMUNITY  
FOOD CONSORTIUM



**NC COOPERATIVE  
EXTENSION**

