

Cloverline

Fall 2010

Forsyth County 4-H
1450 Fairchild Drive
Winston-Salem, NC 27105
336-703-2850

<http://www.forsyth.cc/CES/4-H/4H@forsyth.cc>

Inside THIS Issue

Hungry to Help	2
Mighty Dolphins	3
Tractor Supply	3
Trailblazers Update	3
Fall Target Sports	3
Bur-Mil Park Fall Fest	
Poster Contest Winners	4
District Activity Day	4
Photo Contest Winners	4
4-H Congress	4
Teen Leadership Conf.	5
International Exchange	5
Calendar of Events	6
Electric Congress	6

We had a WONDERFUL summer! Thank you to everyone that participated in our many events, contests and workshops.

There is a hint of fall in the air, with cooler mornings and leaves already beginning to fall off the trees. That means that the Dixie Classic Fair is just around the corner! We hope to see you there.

Consider volunteering to help with the 4-H Operation Military Kids program. Volunteers are needed to write thank you notes to military personnel and their children. In addition, items are needed to be included in "Hero Packs" to distribute to children of military personnel. You can also sew backpacks or totes to put these items in. Contact the 4-H Extension office for details and specifications. If you would like to write letters or send care packages directly to military personnel please let us know. We have a former 4-H dad that is currently overseas that would love care packages from 4-H'ers..

Making the best better,

April W. Bowman

April Bowman

Donald Mebane

Donald Mebane

We have had both a local **horse producer** and an **alpaca breeder** that are 4-H alumni that have expressed an interest in letting 4-H members visit their farms and work with their animals for free. If you are interested or would like to schedule a **4-H club tour** at either of these farms please let me know. They are both in the Walkertown area.

GoExpo will offer 25 FREE workshops about sustainability, some tailored for homeowners, some for business owners, some for Spanish speakers, and some for everyone! Workshop titles include: "Why go green when you're barely breaking even?" "Greening your home with an energy audit," "Green gardening basics," and "Smarter water use for a greener tomorrow." See the complete line-up at <http://www.cityofws.org/Home/Go/Articles/GOExpoWorkshopsAndSeminars>

The GoExpo is Saturday, Sept 25, 9 a.m. to 4 p.m. at the Benton Convention Center in Winston-Salem.
<http://www.GoExpoWS.com>



State University
A&T State University
**NC COOPERATIVE
EXTENSION**

Empowering People • Providing Solutions



HUNGRY to HELP



Fun and Easy Service Project: Trick-or-treating for cans to help local food pantry!

Everyone loves trick-or-treating but what if you could serve your community while going door to door dressed in your favorite costume? Welcome to YOUth CAN a simple, unique and fun service project. Here's how it works:

1. Teams choose a neighborhood as their target donor.
2. One week before Halloween teams "canvas" their neighborhood leaving a packet one each doorstep consisting of a paper grocery bag with flyers explaining YOUth CAN and asking for donations of canned goods for their local food pantry.
3. On Halloween, teams trick-or-treat from door to door collecting the paper bags now filled with non-perishable food items to feed the hungry in their community.

Now is your chance to get involved! If you would like to lead or to be part of a team please contact Hosanna Gourley at HozannaG@gmail.com. Check out the blog at <http://youthcanserviceproject.blogspot.com> and get ready to have fun while serving!

98 Dollar Club

We would like to challenge your club to give \$93 to the Second Harvest Food Bank or one of their partnering agencies. Then I would like to challenge each of you, as a 4-H member to give \$9.30. Why \$93? A woman in the grocery store forgot her wallet and couldn't pay for her groceries. The woman behind her paid the \$207 bill. The lady was so thankful that the next day she repaid the lady with \$300. She decided to take the \$93 tip and donate it to the Second Harvest Food Bank which resulted in her friends joining her and forming the 93 dollar club. So join the 93 Dollar Club. Don't forget to tell me that you did it though by emailing 4H@forsyth.cc or calling me at 703-2855.



MIGHTY DOLPHINS

The Mighty Dolphins 4-H club toured the PTI Airport in August.



The Mighty Dolphins would like to invite you to join them on Oct. 14th to hear a veterinarian speak. They meet at the VFW on Main Street. RSVP to club leader, Daphne Ammar at 575-0408.

On Saturday, Nov 13, you are also invited to participate with the club in the Veterans Day parade. Again please RSVP to Daphne. The club is also making placemats and sending them to the VA hospital and are writing letters once a month to soldiers who are stationed in Afghanistan and Iraq.

This club is currently accepting new members so join in their fun or just come visit!

Fall Target Sports Workshop

On October 22-24th, Millstone 4-H Center will be holding a Target Sports Workshop for adult volunteers. The cost is \$75 and registration is due October 14th. You must choose between shotgun, pistol, archery, muzzleloading or rifle as volunteers will only be trained in one discipline during this training. Adults should complete a 4-H volunteer application and be approved before registering for the workshop. Contact the 4-H office for forms.

Tractor Supply Company

Visit Tractor Supply Company on October 2nd for out here with animals! If your 4-H club would like to hold a fundraiser there during this event please let me know.

4-H club members are also needed November 5-14 to help sell paper clovers at TSC. One hundred percent of the proceeds go to 4-H.

PLEASE plan on participating!



Trailblazers 4-H Club Update

The Trailblazers 4-H Club tie-dyed t-shirts at their last meeting. They also had a special guest from Japan, Shunta. He taught the club Japanese words and shared his scrapbook with the club.

The group also held their monthly presentation at Kerner Ridge Assisted Living facility. In addition, four families participated in a special game day with the residents.

Four families picked produce at the Winston-Salem Children's home garden to help the Second Harvest Food Bank.



*Celebrate the changing
of the seasons at the
Bur-Mil Park Fall Festival
Saturday, October 9, 10 am-4 pm*



**Join us for games, prizes, crafts, a pumpkin patch, hayrides,
3-D dome experience, food and much, much more!**

**Admission is FREE. Call 336-373-3800 for more information
or visit us on the web at www.burmilpark.org.**

A special thanks to our sponsors:

Bur-Mil Park



Your Place For Family Fun!



Congratulations!!!

District Activity Day

Gold Medalist

Alex Arrowood 9-10 Forestry & Wildlife
Hope Arrowood 11-13 Hort Production
Bailee Phagan 9-10 Livestock Prod.
Brandon Phagan 11-13 Bugs & Bees
Nathan Barrick 14-18 Citizenship
Samuel Barrick 11-13 Wheels & Engines
Jessica Goodard 14-18 Public Speaking
Emily Booze 14-18 Health & Fitness

Silver Medalist

Brian Phagan 14-18 Safety
BJ Hutchins 11-13 Fishers & Aquatic
Reaiah Byers 11-13 Hort Production

Bronze Medalist

April Mendenhall 14-18 Health & Fitness
Laura Hutchins 14-18 Public Speaking

Poster Contests

Winners of the county dairy poster contest included:

9-12 Andrew Pledger

13-15 N/A

16-19 Seth Barrick

Poultry Poster

9-10 Andrew Pledger

11-13 David Allen Pledger

14-19 April Mendenhall

PHOTO CONTESTS

Hope Arrowood—Grand Champion OMK
OMK Best of Show 11-12

1st Place 4-H Family

Alex Arrowood—OMK Best of Show 9-10 year old

3rd Place 4-H in Action

Honorable Mention Nature's Beauty

Brandon Phagan—OMK Best of Show 13-15 year old

Other OMK participants included:

Brian Phagan

Bryinna Phagan

Bailee Phagan

Melanie Crews

Lynae Bowman

4-H CONGRESS



Meghan Crawford and **Josh Nzewi** were both inducted into the 4-H Honor Club—the highest honor one can receive in NC 4-H. Congratulations!



Alex and **Hope Arrowood** both earned Gold Medals for their presentations. **Samuel Barrick** pedaled his way to a silver medal while **Brandon, Bailee** and **Brian Phagan** all earned Bronze Medals.



Seth Barrick and **Josh Nzewi** both won trips to National 4-H Congress to be held in November through the 4-H Application, Interview, Resume and Essay contest. **Emily Booze** and **Brandon Joyce** also both participated in the contest.

TEEN LEADERSHIP FOCUS CONFERENCE

Youth ages 13-18 are invited to attend a one day conference at Betsy-Jeff Penn 4-H Center in Reidsville on Saturday, November 20th. The cost is \$55 and one can of food. Payments accepted include cash, check or 4-H scholarship dollars and includes lunch, supper, materials and facilities as well as transportation. Participants will have the opportunity to take workshops that will help them become a 4-H ambassador as well as workshops related to our State 4-H theme of “Hungry to Help” and leadership. If you are unavailable to attend on the 20th but would like to participate we may be able to arrange for you to participate in workshops at Sertoma 4-H Center on Saturday, November 13th. Registration is due November 1st.

4-H International Exchange Program

My trip to Japan left me with experiences that I will never forget. The moment I arrived in my host family’s hometown, I was rushed to their home to drop off my luggage. My host brother was waiting for me at a festival. We have surely changed a lot in the two years since his homestay at my house. In the festival, I beat a drum that was being carried by my host brother and another student, while we walked through the streets. The next day I attended a LABO/welcome party. About twenty LABO youth joined us to play games, eat noodles flowing down a bamboo pipe, and end the night with fireworks.



Monday began one of the most enjoyable experiences I had while I was there – Sudo Junior High School. I thought I would never say this; but, I actually liked school (not having to study was a plus, too). I spent eight days at school learning a lot of Japanese. I could understand, to an extent, math, science, and English class. After school, I chose to be part of the basketball club. Even though the style of play and the court were different, it was easy to adapt; and I was able to use basketball as a connection to make new friends and enjoy Japanese culture.

My host family took me to many different places while I was in Japan. Although Fuji, where I stayed, is not exactly in the Tokyo area, we made the trip to KIE, a International Exchange meeting for students near the Tokyo area. We also went to Tokyo DisneySea where everything is still “magical” even though it is in a different language. We enjoyed going to Kakegawa castle, “relaxing” at an onsen, and visiting the popular imperial shrine and a buddist temple. Near the end of my visit, my host brother and I attended LABO camp. LABO camp was different from any camp I have ever been to. We stayed in lodges with about thirty other LABO youth. Basically we played games with others in the lodge. We slept on futons and ate on tables a few inches from the ground, which is not very comfortable for tall people with long legs.



Fuji gets its name because it sits right on the foot of Mt. Fuji. Although I occasionally saw glimpses of Mt. Fuji during my stay, it wasn’t until the last day I was in Fuji that I could clearly see Mt. Fuji. The moment I saw it I realized why it is so symbolic of Japan. It is monstrous yet beautiful. Later that night some of us exchange students went on a tour of Shinjuku, Tokyo, where we spotted Mt. Fuji far in the distance from the top of the Metropolitan Government Building. What an amazing way to end an amazing trip!



4-H Coming Events



Below are some upcoming dates. Contact us for more information on any of these events.

<http://www.forsyth.cc/CES/4-H/> 4H@forsyth.cc

336-703-2850

- Sept 25 Alpaca Day; <http://www.diastolealpaca.com/>
- Sept 25 Go Expo, Benton Convention Center, 9-4
- Oct 1-10 Dixie Classic Fair; <http://www.dcfair.org>
- Oct 12-13 4th Grade Heritage Program, Bethabara Park; Contact us for more info.
- Oct 14 Mighty Dolphins 4-H Club, Veterinarian Speaker
- Oct 22 4th Grade Heritage Days, Horne Creek Farm
- Oct 22-24 Target Sports Training, Millstone 4-H Center
- Nov 1 RSVP for Veterans Day parade
- Nov 1 Registration due for State Council Teen Leader Training
- Nov 2 Election Day, GO (with your parents to) VOTE!
- Nov 5-14 4-H Tractor Supply Company Paper Clover Promo
- Nov 6 NCD 4-H Volunteer Leaders Fall Day, Walnut Cove
- Nov 13 Veterans Day Parade, 4th and Spring Street, 9:30 am
- Nov 20 State Council Conference/Teen Leader Training
- Dec 10 Holiday Open House, Sciworks, 4:00-8:00; FREE

Electric Congress—Meghan Crawford, Kathleen Crawford, 4-H Volunteer, Emily Gilmore, Hosanna Gourley, Tenley Long, 4-H Volunteer, Josiah Gourley, Adam Crawford, attended 4-H Electric Congress at UNC Wilmington in July. They brought their knowledge back with them to teach a Summer Adventures workshop.

