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Forsyth County

March/April 2009

1450 Fairchild Drive
Winston-Salem, NC 27105
336-703-2850
<http://www.forsyth.cc/CES4h@forsyth.cc>

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It's time to 'Spring' into action with 4-H! We have some very busy months coming up, with lots of exciting opportunities for our youth. Almost all of these opportunities have the potential to earn **SCHOLARSHIP DOLLARS!** Visit the 4-H policies section of the website for more info, or call us for a set of guidelines.

Also, did you know that 4-H events are almost always held on the **first Tuesday** of the month?

- February– Achievement Night
- March– Nutrition Fair
- April– Talent Show
- May– Presentation Workshops (several Tuesdays)
- June– Presentation Competition

We hope to see you at several of these events!

Making the best better,

April W. Bowman

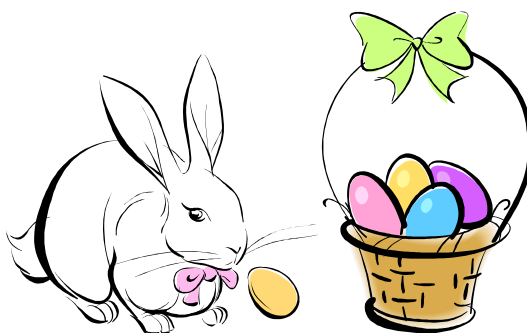
April Bowman

Amanda Cochran

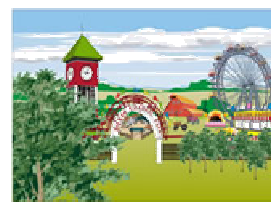
Amanda Cochran

Donald Mebane

Donald Mebane



- Don't forget that **Teen Retreat** is March 20-21st, in Winston-Salem!
- Remember to keep selling tickets for our **4-H Centennial Celebration at the Ballpark!** The highest seller in Forsyth County will receive \$50 in scholarship money, so sell, sell, sell!
- **Northwoods Stables** will be hosting a round-robin clinic on April 25th. Please call Kelly Emerson for more information: 336-407-5859!
- Don't forget to sell some plants! **4-H Plant Sale** orders are due by March 13th.
- For more information on **4-H Summer Camps**, please call 336-703-2850.
- **Tuesday April 14th– 4:00, County Council Meeting. 5:30, ARI** (Application, Resume, Interview) Workshop for teens ages 13 and up. FMI– 336-703-2850.
- If your club is interested in creating a booth for the **Dixie Classic Fair**, please let us know. There are a limited number of spaces available.



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4-H Communication Contests

As you may know, each year, 4-H offers communication contests for youth ages 5-18 to enter. This gives them the opportunity to express themselves in a creative sense, and an opportunity to win **scholarship dollars** to be used towards their own 4-H endeavors. All items will be displayed and judged during presentation competition on **June 2nd**.

4-H Poster Contests:

Youth may enter the Poultry, Dairy, or the Career Contest or enter all three. All entries must be on standard poster board (22" x 28"). Entries from 5-8 year olds will only be judged on the county level, while the winners in the 9-18 year olds will advance to the state competition. All entries will receive 4-H scholarship dollars. NO clipart or copyrighted material (cartoon characters, etc.) are accepted — original artwork only. No cut-out letters, etc.

- **Career Exploration Posters** are scored on originality, accurate information, theme, message, and overall general appearance.

Age divisions are 5-8, 9-10, 11-13, and 14-18.

- **Dairy Poster Contest**

Age divisions are 5-8, 9-12, 13-15, and 16-19.

- **Poultry Poster Contest**- The theme is "*Wild and Wacky Waterfowl*".

Age divisions are 5-8, 9-12, 13-15, and 16-19.

<http://www.ces.ncsu.edu/depts/poulsci/4h/postercontest/Poultry%20Poster%20Competition%20Updated.pdf>

- **Beef Poster Contest** "Discover the Power of Protein"

Age divisions are 5-8, 9-12, 13-16, and 17-21.

Photography Contest: Youth may submit up to three photographs for judging: one each in Beef Cattle, Nature's Beauty, 4-H in Action and 4-H Centennial. Photos may be in color OR black-and-white and any size, 8x10" or smaller will be accepted. Entries in the 9-12, and 13-18 year old categories will advance to the State Competition.

4-H Horse Contests

http://www.cals.ncsu.edu/an_sci/extension/horse/Webpages/NCSU_EHH_Artistic_Expression.html

Short Story Writing— 200 to 1000 words, typed, double-spaced or handwritten in ink

Poetry— less than 50 lines, typed, double-spaced or handwritten in ink

Essay— 200 to 1000 words, typed, double-spaced or handwritten in ink

Drawing— matted size 9"x12" to 18"-24",

pencil, chalk, charcoal, pen and ink, or pastels, matted w/3" border

Painting— matted size 9"x12" to 18"x24",

watercolor, acrylic, oil, or tempura (Jr's only), matted w/3" border

Crafts— woodworking and craft items including horse and rider

Photography— 5"x7" - 10"x12" mounted, black-and-white or color

Poster— Standard 22"x28", ANY horse related topic

Sewing— articles to be worn by a horse or rider (blanket, saddle pad, grooming apron, boot bags, etc.)

For more information on these competitions, please contact the 4-H office at 336-703-2850 or visit our website at www.forsyth.cc/ces to download appropriate forms.

Entry forms are due on **April 30th**.

2009 Winterfest

Forsyth County 4-H took the LARGEST delegation in our 17 county district to the Winterfest Teen event on Saturday, January 31st, in Orange County. Twenty local youth attended public speaking, team building, and other fun workshops before going ice skating.



Talent Show/Presentation/Public Speaking Workshops

The introduction to this year's presentation and public speaking workshops will be held on April 7th, towards the end of the Talent Show. The dates for the actual workshops are: April 7th, April 21st, May 5th, and May 19th, all at 6:00pm. The final competition will be on June 2nd, again at 6:00pm. Everyone will receive cash money for participating and the winners will receive additional funds and ribbons. The winners will also be able to participate at the District Level on Friday, June 19th in Caswell County.

Please sign up no later than March 24th, so we know how many to expect for these workshops.

The registration form is below. **ALL** acts will receive 4-H Scholarship Dollars!

Registration for: 4-H Talent Show, April 7th & Presentation/Public Speaking Workshops, April 7th, April 21st, May 5th, May 19th—-Competition— June 2nd

Return to Forsyth County 4-H, 1450 Fairchild Drive, Winston-Salem, NC 27105, fax to 767-3557, or e-mail the information to 4H@forsyth.cc.

Name _____ **Age (as of 1/1/09)** _____
Club Name _____ **Birthdate** _____
E-mail _____ **Phone** _____

Performing Act Title(s) (up to two)

 (piano, singing, dance, etc.)

Non-Performing Act Title(s) (up to two)

 (sewing, drawing, sculpture, etc.)

Fashion Revue- List Item Sewn- _____

Possible Presentation Topic(s) _____

List Special Equipment Needed for Talent Show (Piano, microphones, chairs, C.D. player, etc.):

4-H Horticulture Weekend

April 25-26th, 2009– A horticulture oriented weekend brimming with hands-on workshops, speakers and field trips. This event will be held at NC State University and the JC Raulston Arboretum. Everyone is invited and encouraged to attend! The weekend is intended for youth ages 8-19 with accompanying adults. Registration is \$50 due by **April 15th**. It includes registration fees, lodging on Saturday, April 25th, lunch and dinner on Saturday and a continental breakfast Sunday.

For more information on the 4-H Horticulture Weekend:
<http://www.ces.ncsu.edu/4hplantandsoils/hortweekend.html>

2009 4-H WHEP Contest

The Wildlife Habitat Evaluation Program contest will be held on **April 18, 2009**, at Holmes Educational State Forest. Holmes ESF is located in Henderson County. The registration form is also now online, and the registration deadline is April 1st. Visit the national WHEP page and take a look at their manual, especially the Southeast Mixed and Outer Coastal Plain Forest region and the Eastern Deciduous Forest region.

If you have any questions or are interested in putting a team together, please contact the 4-H office.



Target Shooting Sports Workshop

The Spring 2009 Adult Target Shooting Sports Workshop will be held at Sertoma 4-H Center April 17-19, 2009. Applications are due March 17th.
For more information, please contact the 4-H office, 336-703-2850.

4-H Plant Sale

EVERYONE is encouraged to sell as many plants as possible. The 4-H'er that sells the most plants and the 4-H club that sells the most plants will receive \$50 in Forsyth County 4-H Scholarship dollars.

Orders must be turned in by Friday, March 13th and will be available for pick-up March 26-28th (see flier for times). The flier is on the web at <http://www.forsyth.cc/CES>.

PLEASE sell as many plants as possible to your friends, family and neighbors. This is our **ONLY** annual fundraiser and how we generate our 4-H scholarship dollars that we award as well as some monies for 4-H program materials.



Scholarship Dollars

Did you know that by participating in competitive 4-H events you earn 4-H **Scholarship dollars**? These dollars can then be used to pay for registration for 4-H events such as summer adventures, teen retreat, etc. You can also use your dollars to support your 4-H project work. If you did a project record book in babysitting and you have babysitting business cards printed, then you can give us your receipt and we will reimburse you up to the balance of your account. Another example would be if you show in the district 4-H Horse Show, then we would reimburse you for farrier, veterinary and/or feed expenses. For most county events the county champion earns \$15, a blue ribbon would earn \$8, etc.. To view the complete guide, download it at <http://forsyth.ces.ncsu.edu/content/Scholarship>.

Email Lists

Do you receive **e-mails** from april_bowman@ncsu.edu and/or 4H@forsyth.cc? If not, then you are missing out on 4-H events and important reminders. Are you interested in horses, livestock, shooting/target sports or are you age 11 and up? We occasionally do e-mails only for these groups. Let us know and we'll add you to these lists. (Please add us to your contacts or address book so that our messages don't get sent to the bulk mail stack!)

New 4-H Club

We would like to start a **new 4-H club** in the **Lewisville area**. If you would like to participate, please let us know at 703-2850 or at 4H@forsyth.cc. It would be helpful if you could tell us what day of the week you can meet, the ages of your children and if they have any specific interests (animals, shooting sports, community service and citizenship, photography, etc.).

Achievement Night

We would like to thank everyone for their attendance on Achievement Night, despite the weather outside. We would also like to congratulate all of our award winners!

Achievement Medal Winners

5-6 year olds	Green	Bronze	Silver
David Winemiller	Toby Nzewi	April Mendenhall	Joshua Nzewi
Brynna Phagan	Ashley Richardson	Samuel Barrick	Ikenna Nzewi
Caroline Goodard	Katie Winemiller	Brandon Phagan	Bryan Richardson
	Hope Arrowood	Brian Phagan	Nathan Barrick
	Grant Wise	Allison Wise	Seth Barrick
7-8 year olds	Samantha Miller	David Allen Pledger	
Bailee Phagan	Elizabeth Goodard	Kabe McCallister	
Alex Arrowood	Brandon Joyce	Jessica Goodard	
Austin Wise	Justyn Joyce	Laura Hutchins	
Andrew Pledger	BJ Hutchins		
Allison McCallister			
Austyn Joyce			

County Project Record Books Winners

Hope Arrowood	Justyn Joyce	Ashley Richardson
Nathan Barrick	April Mendenhall	Bryan Richardson
Seth Barrick	Samantha Miller	Allison Wise
Samuel Barrick	Ikenna Nzewi	Grant Wise
Tiffany DeLuca	Josh Nzewi	Brian Phagan
BJ Hutchins	Toby Nzewi	Brandon Joyce
Laura Hutchins	Brandon Phagan	Brandon Phagan

County Cumulative Record Books Winners

Nathan Barrick
Seth Barrick
Meghan Crawford
Jessica Goodard

Congratulations!

'Spring' into Action with 4-H

Below are some upcoming dates. Contact us for more information on any of these events.

<http://www.forsyth.cc/CES> 4H@forsyth.cc 336-703-2850

March 3	Nutrition Fair, 6pm
March 13	Plant Sale orders due
March 19	Centennial Committee Meeting, 12:00, FCCES; 703-2850
March 20-21	Teen Retreat, Winston-Salem
March 24	Registration deadline for Presentation Workshops/Talent Show
March 26-28	4-H Plant Sale
March 27-29	Project Record Judging, Raleigh
March 30-April 1	Cumulative Record Judging, Raleigh
March 31	RSVP for Application, Resume, Interview Training
April 7	4-H Talent Show, 6:00 pm, Forsyth County Extension Center
April 7	Introduction to Presentation Workshops, following Talent Show, 703-2850
April 14	4:00 County Council Meeting, 5:30 ARI Workshop; FMI- 703-2850
April 17-19	Target Shooting Sports Workshop, 703-2850
April 18	4-H WHEP Contest, 703-2850
April 18	State 4-H Horse Judging
April 21	Volunteer Appreciation Banquet, 11:30am, Forsyth County Extension Center
April 21	Presentation Workshop #1, Forsyth County Extension Center, Reg. 6:00 pm
April 25	Round Robin Horse Clinic, Northwoods Stables; Kelly Emerson, 407-5859
April 25-26	4-H Horticulture Weekend; 336-703-2850 or http://www.ces.ncsu.edu/4hplantandsoils/hortweekend.html
April 30	Baseball Ticket Deadline
May 5	Presentation Workshop #2, Forsyth County Extension Center, 6:00 pm
May 15-17	North Central District 4-H Horse Show, NC State Fairgrounds
May 19	Presentation Workshop #3, Forsyth County Extension Center, 6:00 pm
April 30	Registration Deadline for Communication Contest Posters and Presentation Competition
June 2	Presentation/Public Speaking Competition, FCCES, Reg. 5:30-6:00pm
June 2	Poster and Photography Contest, www.forsyth.cc/ces
June 5	4-H Centennial Celebration at the Ballpark, 7:00 pm
June 15-17	4-H Citizenship Focus, Raleigh
June 19	District Activity Day, Caswell County, 703-2850
June 21-26	Fur, Fish and Game Rendezvous at Millstone 4-H Center
July 2	Deadline to Register for 4-H Congress
July 13-15	Electric Congress
July 15-16	State Livestock Judging and Skillathon
July 20-24	4-H Congress in Raleigh
July 20	2009 4-H Horticulture Contest 1:00 pm, http://www.ces.ncsu.edu/4hplantandsoils/hortcontest.html
July 21	State 4-H Presentations

UNC-TV

UNC-TV is now running a series of specials on North Carolina 4-H. Two have already aired and are now available to be viewed at http://www.unctv.org/ncnow/features/february_09.html. They are roughly 8 minutes each. Look for them on cable Channel 14 soon!

Application, Resume & Interview (ARI)

Are you 13 years old or older? Would you like to learn more about completing a job application and resume as well as how to conduct yourself during an interview? Join us on Tuesday, April 14th at 5:30 PM for a fun and hands-on workshop. Please RSVP by March 31st.
