

# HEALTHY START BABY LOVE PLUS CHILDBIRTH CLASSES 2015

Presented by:

Forsyth County Department of Public Health  
799 Highland Avenue Winston-Salem, NC 27101

<b>SERIES 1</b>	<b>SERIES 2</b>	<b>SERIES 3</b>	<b>SERIES 4</b>
6:00-8:00pm	6:00-8:00pm	6:00-8:00pm	6:00-8:00pm
1-6-15	2-3-15	3-10-15	4-7-15
1-13-15	2-10-15	3-17-15	4-14-15
1-20-15	2-17-15	3-24-15	4-21-15
1-27-15	2-24-15	3-31-15	4-28-15

<b>SERIES 5</b>	<b>SERIES 6</b>	<b>SERIES 7</b>	<b>SERIES 8</b>
6:00-8:00pm	6:00-8:00pm	6:00-8:00pm	6:00-8:00pm
5-5-15	6-2-15	7-7-15	8-11-15
5-12-15	6-9-15	7-14-15	8-18-15
5-19-15	6-16-15	7-21-15	8-25-15
5-26-15	6-23-15	7-28-15	9-1-15
		8-4-15	9-8-15

<b>SERIES 9</b>	<b>SERIES 10</b>
6:00-8:00pm	6:00-8:00pm
9-29-15	11-3-15
10-6-15	11-10-15
10-13-15	11-17-15
10-20-15	11-24-15
10-27-15	12-1-15



Location: MR 2 (near the main lobby)

## CLASS PARTICIPANTS NEED TO BRING THE FOLLOWING ITEMS:

1. (1) soft pillow and a chair cushion
2. Blanket/exercise mat
3. Medicaid insurance card (if applicable)
4. Support person (Father, friend, family)

## TO REGISTER FOR EVENING CLASSES PLEASE CONTACT:

Family & Community Health Education  
336-703-3206 Or e-mail [putnamal@forsyth.cc](mailto:putnamal@forsyth.cc)

### **PLEASE NOTE: CLASSES ARE NOT FREE!!**

Non-Medicaid patients are charged the following: **\$55.00 for the Series (starting July 1st).**  
Scholarships are available. Medicaid patients accepted.  
Class meets every Tuesday.