

# Forsyth County Board of Health



- Dr. Linda L. Petrou, PhD, Chair
- Dr. James K. Doub, OD, Vice Chair
- Ms. Judy Briggs
- Mr. John Davenport, Jr., PE
- Dr. Calvert B. Jeffers, Jr., DVM
- Dr. Charles F. Massler, DDS, M.Ed.
- Dr. Willard L. McCloud, Jr., MD
- Ms. Jane Bradner Mosko, RN, CRNA
- Mr. J. Phil Seats, R.Ph., MBA
- Dr. P. Lee Salisbury, III, DDS
- Dr. Ricky Sides, DC
- Ms. Gloria D. Whisenhunt, County Commissioner

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## BOARD OF HEALTH MINUTES December 5, 2012

### MEMBERS PRESENT

Dr. Linda Petrou, Chair  
Dr. James Doub, Vice Chair  
Ms. Judy Briggs  
Mr. John Davenport  
Dr. Charles Massler  
Dr. Willard McCloud  
Ms. Jane Bradner Mosko  
Mr. J. Phil Seats  
Dr. Ricky Sides  
Ms. Gloria Whisenhunt

### MEMBERS ABSENT

Dr. Calvert Jeffers

### OTHERS PRESENT

Ms. Linda Dark, RN (Community Member)

### STAFF PRESENT

Ms. Cynthia Jeffries  
Ms. Ayo Ademoyero  
Ms. Sandra Clodfelter  
Ms. Lynne Mitchell  
Ms. Lorrie Christie  
Ms. Ethel Evans  
Ms. Debbie Mason  
Ms. Heidi Priest  
Ms. Christine Wanous

### **Call to Order:**

On Wednesday, December 5, 2012, the Forsyth County Board of Health held its regularly scheduled monthly meeting in the Board Room at the Forsyth County Department of Public Health (FCDPH). Dr. Linda Petrou, called the meeting to order at 5:32 p.m. and welcomed Board members and guests.

### **Consideration of Minutes:**

The minutes of the November 7, 2012 Board of Health Meeting were reviewed by the Board. A motion to approve was made by Ms. Gloria Whisenhunt and seconded by Dr. Ricky Sides. The rest of the members agreed and the minutes were approved. Due to a change made on the October 3, 2012 minutes to reflect a correct fee rate approved by the Board, a motion to approve the change was made by Dr. Sides and seconded by Dr. Charles Massler. Board members approved the October 3, 2012 minutes.

### **Public Comment Section:**

Board Members and staff introduced themselves.

It was agreed by the Board to hold the next board meeting on January 9<sup>th</sup> instead of January 2<sup>nd</sup> because of the holiday being so close and staff not having enough time to prepare for the meeting.

### **Appointment of Nomination Committee:**

The role of Chair and Vice Chair are coming up for nomination. Dr. Sides and Dr. Calvert Jeffers to lead the nomination committee.

### **BOH Training for New Members:**

Dr. Petrou spoke about the Board of Health training that all Board Members are required to have for accreditation purposes. There are currently three new Board Members (Ms. Judy Briggs, Dr. Charles Massler and Mr. J. Phil Seats) who need to have the training by the end of the year. Since some of the training can be done online, Dr. Petrou asked Ms. Lorrie Christie to send an email to the three new members with details so they could get the online portion done. It was also mentioned that perhaps the training could be given again for all members sometime soon after the new year.

### **Health Director's Comments:**

Mr. Hunter was not in attendance at the meeting but asked three of his division directors to speak briefly on the following:

**Health Equity** – Ms. Ayo Ademoyero, Epidemiology and Surveillance Director, spoke about a health equity meeting Mr. Hunter attended in Little Rock, Arkansas on that past weekend. Ms. Ademoyero gave the board members a handout that talked about the social determinants of health and some of the terms that are used to describe health disparities. These terms can sometimes get in the way of others accepting the whole idea of social determinants of health and the people they most likely affect (copy of handout on file in the Administration Binder).

**Flu Update** – Ms. Sandra Clodfelter, Nursing Director, gave an update on flu vaccinations. She reported to date they had given 6,629 flu shots. After it was brought to the attention of board members that the Forsyth County Department of Health was the only department of the surrounding counties who gave free flu shots, there were questions about prices, who qualified for state, what other places are charging and whether or not flu shots should be given for free at the department. Ms. Clodfelter was asked to find out answers to questions the board had and bring them back to the next meeting.

**Chronic Disease Coalition** – Ms. Lynne Mitchell, Preventive Health Director, announced that the first meeting of the chronic disease coalition was held earlier that day and said it was a really good meeting.

**Old Business:**

None

**New Business:****Theme – Maternal and Child Health**

**Breastfeeding and the WIC Program** – Ms. Heidi Priest gave a brief presentation on the breastfeeding peer counselor program. This program provides education and support for women participating in the WIC program. Medical evidence shows that breastfeeding lowers a baby's risk of infections, diarrhea, SIDS, obesity, diabetes, asthma, and childhood leukemia. It also lowers the mother's risk of breast and ovarian cancers and diabetes. From 1978 to the present, the number of WIC mothers breastfeeding has increased from 34.5% to 69%, respectively. This has been attributed to a large degree by the implementation of the breastfeeding peer counselor program.

**Infant Mortality Reduction Coalition Breastfeeding Initiative** – Ms. Debbie Mason, coordinator for the FCIMRC presented on the Coalition's action plan for 2012-2014. The Coalition received a Wolfe grant from NCPHA to carry out a breastfeeding promotion campaign for businesses, pediatricians and family practice physicians and child care directors. Workshops will be held to educate providers as to how they can be more breastfeeding friendly. The Coalition is also providing "Breastfeeding Welcome Here" door/window clings to agencies throughout Forsyth County.

**Nurse-Family Partnership** – Ms. Christine Wanous gave a very informative presentation about the Nurse-Family Partnership program, which is an evidence-based community health program geared towards helping vulnerable mothers pregnant with their first child. In this program, each mother is partnered with a registered nurse early in her pregnancy and receives ongoing home visits through the child's second birthday. Ms. Wanous talked about how the relationship between the mother and nurse helps to empower the mother, which in turn promotes effective parenting skills that last long after Nurse-Family Partnership ends. Ms. Wanous and her group will start out with 100 clients and will be starting the process in the next couple of weeks (copy of handout on file in the Administration Binder).

**Committee Reports:****Adjourn:**

A request for a motion to adjourn was made by Dr. Petrou. A motion was made by Dr. Doub and seconded by Mr. John Davenport. The meeting adjourned at 6:40 pm.

Marlon B. Hunter  
Secretary to the Board  
MBH/lgc