

# CHILDBIRTH CLASSES 2020

Maternal and Child Health Education  
Forsyth County Department of Public Health  
799 Highland Avenue, Winston-Salem NC 27101  
Phone: 336-703-3206 Fax: 336-727-8034

## SERIES 1

6:00-8:00pm

1/9/20  
1/16/20  
1/23/20  
1/30/20  
2/6/20

## SERIES 2

6:00-8:00pm

3/12/20  
3/19/20  
3/26/20  
4/2/20  
4/9/20

## SERIES 3

6:00-8:00pm

5/21/20  
5/28/20  
6/4/20  
6/11/20  
6/18/20

## SERIES 4

6:00-8:00pm

9/3/20  
9/10/20  
9/17/20  
9/24/20  
10/1/20

## SERIES 5

6:00-8:00pm

11/5/20  
11/12/20  
11/19/20\*  
12/3/20  
12/10/20



\*Please note that there is no class on 11/26/20. Series 5 will resume on 12/3/20.

**Location: Meeting Room 2 (near the main lobby)**

## CLASS PARTICIPANTS ARE ENCOURAGED TO BRING:

1. Pillow or chair cushion
2. Blanket or exercise mat
3. Medicaid insurance card (if applicable)
4. Support person (father, friend, family member)

## TO REGISTER FOR CHILDBIRTH CLASSES PLEASE CONTACT:

Maternal and Child Health Education  
336-703-3206 or [hawthorj@forsyth.cc](mailto:hawthorj@forsyth.cc)

### ***PLEASE NOTE: CLASSES ARE NOT FREE!!***

Non-Medicaid patients are charged the following: **\$55.00 for the Series.**  
Scholarships are available. Medicaid patients accepted.